

Central Lyon Menu September 2011



BREAKFAST PRICES:

Student: \$1.00

Adult: \$1.15

Second Juice: \$.30

LUNCH PRICES:

Grades TK-3: \$1.55

Grades 4-12: \$1.75

Adult: \$2.50

Second Meal: \$2.50


Extra Milk \$.30

TENTATIVE BREAKFAST

SERVING TIME IS

7:45—8:10 A.M.

**Menu Items Subject to
Change Without Notice. If
you have any questions or
concerns, please contact
Joella Postma,
Food Service Supervisor,
(712) 472-4041**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
5 Labor Day No School 	6 Breakfast Cereal Toast Milk/Juice Lunch: Chicken Casserole Green Beans Applesauce Milk	7 Breakfast Waffle Sticks Sausage Milk/Juice Lunch: Salisbury Steak Mashed Potatoes Gravy Peas Banana Milk	8 Breakfast Cereal Toast Milk/Juice Lunch: Meat & Cheese Boat Cheese Sauce Cream Corn Pears Milk	9 Breakfast Donuts Yogurt Milk/Juice Lunch Hot Dog on a Bun Baked Beans Strawberries Milk
12 Breakfast Cereal Toast Milk/Juice Lunch Mr. Rib on a Bun French Green Beans Pineapple Milk	13 Breakfast: Egg Taco Yogurt Milk/Juice Lunch: Mac & Cheese Sausage Carrots Mixed Fruit Milk	14 Breakfast: Pancakes Sausage Milk/Juice Lunch: Popcorn Chicken (EL/MS) Orange Chicken (High) Mashed Potatoes Gravy Corn Mandarin Oranges Milk	15 Breakfast: Cereal Toast Milk/Juice Lunch Italian Dunkers Meat Sauce Green Beans Peaches Milk	16 Breakfast: Breakfast Pizza Yogurt Milk/Juice Lunch: Hot Ham & Cheese Baby Carrots with Dressing Grapes Milk



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<p>19 Breakfast Cereal Toast Milk/Juice</p> <p>Lunch Chicken Fajita Lettuce Cheese Peas Pears Milk</p>	<p>20 Breakfast Omelet Toast Milk/Juice</p> <p>Lunch Grilled Cheese Sandwich French Green Beans Mandarin Oranges Milk</p>	<p>21 Breakfast French Toast Sausage Milk/Juice</p> <p>Lunch Mini Corn Dog Carrots Banana Pudding Milk</p> <p style="text-align: center;">1:00 Dismissal No Salad Bar</p>	<p>22 Breakfast Cereal Toast Milk/Juice</p> <p>Lunch Pork Patty Mashed Potatoes Gravy Corn Pineapple Milk</p>	<p>23 Breakfast Cinnamon Tasties Yogurt Milk/Juice</p> <p>Lunch Sloppy Joe on a Bun Baked Beans Mixed Fruit Milk</p>
<p>26 Breakfast Cereal Toast Milk/Juice</p> <p>Lunch Chili Crispito Cheese Sauce Lettuce Dressing Peaches Milk</p>	<p>27 Breakfast Scrambled Eggs Toast Milk/Juice</p> <p>Lunch Chicken Breast on a Bun Baby Carrots with Dressing Watermelon Milk</p>	<p>28 Breakfast Pancake on a Stick Yogurt Milk/Juice</p> <p>Lunch Pork Roast Mashed Potatoes Gravy Corn Applesauce Milk</p>	<p>29 Breakfast Cereal Toast Milk/Juice</p> <p>Lunch Baked Potatoes Diced Ham Cheese Sauce Pears Jell-O Milk</p>	<p>30 Breakfast Breakfast Sandwich Yogurt Milk/Juice</p> <p>Lunch Hamburger on a Bun Green Beans Pineapple Milk</p>