



# Central Lyon Menu September 2010

**BREAKFAST PRICES:**

Student: \$1.00

Adult: \$1.15

Second Juice: \$ .30

**LUNCH PRICES:**

Grades TK-5: \$1.50

Grades 6-12: \$1.70



Adult: \$2.20

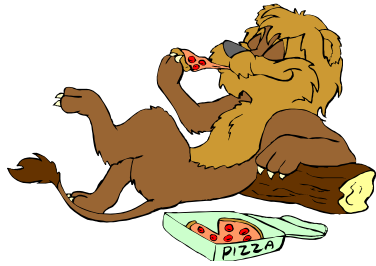
Second Meal: \$2.20

Extra Milk \$ .30

**TENTATIVE BREAKFAST  
SERVING TIME IS  
7:45—8:10 A.M.**

**Menu Items Subject to  
Change Without Notice. If  
you have any questions or  
concerns, please contact  
Joella Postma,  
Food Service Supervisor,  
(712) 472-4041**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>6</b></p> <p style="font-size: 1.2em;"><b>No School</b></p> <div style="text-align: center;">  </div> <p style="font-size: 1.2em;"><b>Labor Day</b></p>	<p><b>7</b></p> <p><b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Chicken Casserole Lettuce Dressing Applesauce Milk</p>	<p><b>8</b></p> <p><b>Breakfast</b> Waffle Sticks Sausage Milk/Juice</p> <p><b>Lunch:</b> Salisbury Steak Mashed Potatoes Gravy Peas Pears Milk</p>	<p><b>9</b></p> <p><b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Chili Crisпитos Cheese Sauce Corn Peaches Milk</p>	<p><b>10</b></p> <p><b>Breakfast</b> Hot Pocket Yogurt Milk/Juice</p> <p><b>Lunch:</b> Hot Ham &amp; Cheese Baby Carrots Dressing Watermelon Milk</p>
<p><b>13</b></p> <p><b>Breakfast:</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Chicken Breast on a Bun Cream Corn Mandarin Oranges Milk</p>	<p><b>14</b></p> <p><b>Breakfast:</b> Omelets Toast Milk/Juice</p> <p><b>Lunch:</b> Macaroni &amp; Cheese Sausage French Green Beans Mixed Fruit Milk</p>	<p><b>15</b></p> <p><b>Breakfast:</b> Pancake on a Stick Fruit Milk/Juice</p> <p><b>Lunch:</b> Pepperoni Pizza Lettuce Dressing Banana Milk</p>	<p><b>16</b></p> <p><b>Breakfast:</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Beef &amp; Gravy on Mashed Potatoes Carrots Pineapple Milk</p>	<p><b>17</b></p> <p><b>Breakfast:</b> Breakfast Pizza Yogurt Milk/Juice</p> <p><b>Lunch:</b> Hot Dog on Bun Baked Beans Pears Milk</p> <div style="text-align: right;">  </div> <p style="text-align: center;"><b>Mass Band Show</b></p>



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 Grades 6-12: \$1.70  
 Adult: \$2.20  
 Second Meal \$2.20  
 Extra Milk: \$.30

**TENTATIVE BREAKFAST  
SERVING TIME IS  
7:45-8:10**

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<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>20</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Mexican Flying Saucer Lettuce Cheese Carrots Peaches Milk</p>	<p><b>21</b> <b>Breakfast</b> Scrambled Eggs Toast Milk/Juice</p> <p><b>Lunch</b> Popcorn Chicken (EL&amp;MS) Orange Chicken (HS) Mashed Potatoes Gravy Corn Mandarin Oranges Milk</p>	<p><b>22</b> <b>Breakfast</b> Pancakes Sausage Milk/Juice</p> <p><b>Lunch</b> Grilled Cheese Sandwich French Green Beans Mixed Fruit Milk</p>	<p><b>23</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Goulash Peas Applesauce Milk</p>	<p><b>24</b> <b>Breakfast</b> Cinnamon Tastiest Yogurt Milk/Juice</p> <p><b>Lunch</b> Sloppy Joe on a Bun Pickles Baby Carrots Dressing Grapes Milk</p>
<p><b>27</b> <b>Breakfast:</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Italian Dunkers Meat Sauce Lettuce/Dressing Pears Milk</p>	<p><b>28</b> <b>Breakfast:</b> Tac-N-Go Fruit Milk/Juice</p> <p><b>Lunch</b> Meat &amp; Cheese Boat Cream Corn Peaches Milk</p>	<p><b>29</b> <b>Breakfast</b> Pancake on a Stick Fruit Milk/Juice</p> <p><b>Lunch</b> Chicken Fajita Lettuce &amp; Cheese Peas Banana Milk</p> <p style="text-align: center;"><b>Coronation</b></p>	<p><b>30</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Ham Slice Cheese Hash Browns Baked Beans Mixed Fruit Milk</p>	<p><b>Oct. 1</b> <b>Breakfast</b> Breakfast Sandwich Yogurt Milk/Juice</p> <p><b>Lunch</b> Mini Corn Dog Green Beans Pineapple Jell-O Milk</p> <div style="text-align: right;">  <p style="text-align: center;"><b>Homecoming</b></p> </div>