



# Central Lyon Menu February 2013











### BREAKFAST PRICES:

|                             |        |
|-----------------------------|--------|
| Student:                    | \$1.20 |
| Adult:                      | \$1.35 |
| Second Juice:               | \$ .35 |
| <b><u>LUNCH PRICES:</u></b> |        |
| Grades TK-5:                | \$1.75 |
| Grades 6-8:                 | \$1.85 |
| Grades 9-12:                | \$2.00 |
| Adult:                      | \$3.00 |
| Second Meal:                | \$3.00 |
| Extra Milk                  | \$ .35 |

TENTATIVE  
BREAKFAST SERVING  
TIME IS  
7:45—8:10 A.M.

Menu Items Subject to  
Change Without Notice. If  
you have any questions or  
concerns, please contact  
Joella Postma,  
Food Service Supervisor,  
(712) 472-4041  
Central Lyon is an  
EEO/AA Employer

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| <b>4</b><br><b>Breakfast</b><br>Cereal<br>Toast<br>Milk/Juice<br>  | <b>5</b><br><b>Breakfast</b><br>Egg Taco<br>Fruit<br>Milk/Juice<br><br><b>Lunch</b><br>Chicken Casserole<br>Peas<br>Applesauce<br>Bread<br>Milk<br>   | <b>6</b><br><b>Breakfast</b><br>Pancakes<br>Sausage<br>Milk/Juice<br><br><b>Lunch</b><br>Pork Patty<br>Mashed Potatoes<br>Gravy or Butter<br>Broccoli<br>Banana<br>Milk<br> | <b>7</b><br><b>Breakfast</b><br>Cereal<br>Toast<br>Milk/Juice<br><br><b>Lunch</b><br>Chili Soup<br>Cinnamon Rolls<br>Crackers<br>Peaches<br>Milk<br> | <b>8</b><br><b>Breakfast</b><br>Breakfast Sandwich<br>Trix or Yogurt<br>Milk/Juice<br><br><b>Lunch</b><br>Chicken Patty on a Bun<br>Baby Carrots/Dressing<br>Grapes<br>Milk<br> |
| <b>February is reading month and the theme is "Reading Under the Big Top".</b>  |   |  |   |  |
| <b>11</b><br><b>Breakfast</b><br>Cereal<br>Toast<br>Milk/Juice<br><br><b>Lunch</b><br>Tacos<br>Lettuce/Cheese<br>Refried Beans<br>Diced Tomatoes<br>Salsa<br>Mixed Fruit<br>Milk<br> | <b>12</b><br><b>Breakfast:</b><br>Omelet<br>Toast<br>Milk/Juice<br><br><b>Lunch</b><br>Mashed Potatoes<br>Popcorn Chicken<br>Gravy or Butter<br>California Blend<br>Mandarin Oranges<br>Milk<br> | <b>13</b><br><b>Breakfast:</b><br>French Toast<br>Sausage<br>Milk/Juice<br><br><b>Lunch</b><br>Cheese Pizza<br>Romaine Lettuce<br>Dressing<br>Pears<br>Milk<br><br><b>2:20 Dismissal<br/>Teacher<br/>Collaboration</b>   | <b>14</b><br><b>Breakfast:</b><br>Cereal<br>Toast<br>Milk/Juice<br><br><b>Lunch</b><br>Baked Potato<br>Cheese Sauce<br>Diced Ham<br>Carrots<br>Pineapple<br>Milk<br><br><b>Happy Valentine's Day</b>                                    | <b>15</b><br><b>Breakfast:</b><br>Donuts<br>Trix or Yogurt<br>Milk/Juice<br><br><b>Lunch</b><br>Fish Patty on a Bun<br>Green Beans<br>Applesauce<br>Milk<br>                  |

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Second Juice: \$ .35

**LUNCH PRICES:**

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Grades 6-8: \$1.85

Grades 9-12: \$2.00




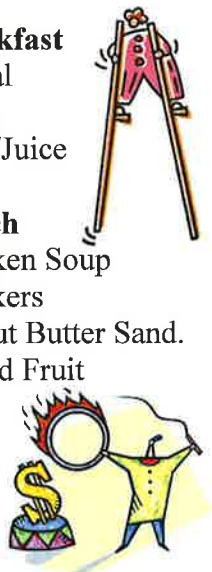




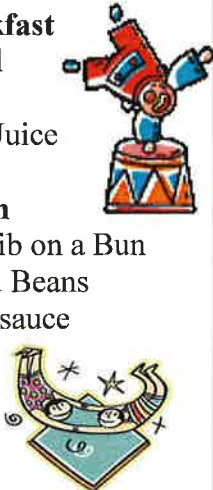

Adult: \$3.00

Second Meal: \$3.00

Extra Milk \$ .35

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|   | <i>Monday</i>  | <i>Tuesday</i>  | <i>Wednesday</i>   | <i>Thursday</i>   | <i>Friday</i> |
|---|--|---|--|---|---------------|
| <p><b>18</b><br/><b>No School</b><br/><b>President's Day</b></p>   | <p><b>19</b><br/><b>Breakfast</b><br/>Cereal<br/>Toast<br/>Milk/Juice</p> <p><b>Lunch</b><br/><b>FFA MEAL</b><br/>Hamburger on a Bun<br/>Baked Beans<br/>Pickles<br/>Peaches<br/>Milk</p>  | <p><b>20</b><br/><b>Breakfast</b><br/>Pancake on a stick<br/>Trix or Yogurt<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Beef &amp; Gravy Over<br/>Mashed Potatoes<br/>Broccoli<br/>Banana<br/>Milk</p>        | <p><b>21</b><br/><b>Breakfast</b><br/>Cereal<br/>Toast<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Chicken Soup<br/>Crackers<br/>Peanut Butter Sand.<br/>Mixed Fruit<br/>Milk</p>  | <p><b>22</b><br/><b>Breakfast</b><br/>Breakfast Pizza<br/>Trix or Yogurt<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Grilled Cheese<br/>Sandwich<br/>Baby Carrots<br/>Dressing<br/>Grapes<br/>Milk</p>    |               |
| <b>FFA Week February 19-22, 2013</b>  |  |   |  |   |               |
| <p><b>25</b><br/><b>Breakfast</b><br/>Cereal<br/>Toast<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Chicken Strips<br/>Mashed Potatoes<br/>Gravy or Butter<br/>Corn<br/>Mandarin Oranges<br/>Milk</p>  | <p><b>26</b><br/><b>Breakfast</b><br/>Scrambled Eggs<br/>Hash Browns<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Italian Dunkers<br/>Meat Sauce<br/>Green Beans<br/>Pineapple<br/>Milk</p>    | <p><b>27</b><br/><b>Breakfast</b><br/>Waffle Sticks<br/>Sausage<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Haystacks<br/>Cheese Sauce<br/>Diced Tomatoes<br/>Corn/Black Bean Salsa<br/>Pears<br/>Milk</p>  | <p><b>28</b><br/><b>Breakfast</b><br/>Cereal<br/>Toast<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Mr. Rib on a Bun<br/>Baked Beans<br/>Applesauce<br/>Milk</p>                   | <p><b>March 1</b><br/><b>Breakfast</b><br/>Cinnamon Tasties<br/>Trix or Yogurt<br/>Milk/Juice</p> <p><b>Lunch</b><br/>Cheese Quesadilla<br/>Cheese Sauce<br/>Carrots<br/>Mixed Fruit<br/>Milk</p>  |               |

**February is reading month and the theme is "Reading Under the Big Top".**