

# Central Lyon Menu January 2013



**BREAKFAST PRICES:**

Student: \$1.20  
 Adult: \$1.35  
 Second Juice: \$ .35

**LUNCH PRICES:**

Grades TK-5: \$1.75  
 Grades 6-8: \$1.85  
 Grades 9-12: \$2.00  
 Adult: \$3.00  
 Second Meal: \$3.00  
 Extra Milk \$ .35

TENTATIVE BREAKFAST  
 SERVING TIME IS  
 7:50-8:10 A.M.

Menu Items Subject to Change  
 Without Notice. If you have any  
 questions or concerns, please  
 contact Joella Postma Food  
 Service Supervisor,  
 (712) 472-4041.

Monday	Tuesday	Wednesday	Thursday	Friday	
	<p>1 NO School</p>	<p>2</p> <p><b>NO School                  Staff Development</b></p>	<p>3</p> <p><b>Breakfast</b>                      Cereal                      Toast                      Milk/Juice</p> <p><b>Lunch</b>                      Taco in a Bag                      Lettuce &amp; Cheese                      Corn                      Peaches                      Milk</p>	<p>4</p> <p><b>Breakfast</b>                      Cinnamon Tasties                      Trix or Yogurt                      Milk/Juice</p> <p><b>Lunch</b>                      Hot Dog on a Bun                      Baked Beans                      Pears                      Milk</p>	
	<p>7</p> <p><b>Breakfast</b>                      Cereal                      Toast                      Milk/Juice</p> <p><b>Lunch</b>                      Popcorn Chicken                      Mashed Potatoes                      Butter or Gravy                      Corn                      Mandarin Oranges                      Milk</p>	<p>8</p> <p><b>Breakfast</b>                      Egg Taco                      Fruit                      Milk/Juice</p> <p><b>Lunch</b>                      Quesadilla                      Cheese Sauce                      Broccoli                      Mixed Fruit                      Milk</p>	<p>9</p> <p><b>Breakfast</b>                      Pancake                      Sausage                      Milk/Juice</p> <p><b>Lunch</b>                      Meatball Sub                      Cheese                      Green Beans                      Banana                      Milk</p>	<p>10</p> <p><b>Breakfast</b>                      Cereal                      Toast                      Milk/Juice</p> <p><b>Lunch</b>                      Taco Soup                      Corn Chips/Cheese                      Sandwich                      Pineapple                      Milk</p>	<p>11</p> <p><b>Breakfast</b>                      Breakfast Sandwich                      Trix or Yogurt                      Milk/Juice</p> <p><b>Lunch</b>                      Hot Ham &amp; Cheese                      Baby Carrots                      Dressing                      Grapes                      Milk</p>
	<p>14</p> <p><b>Breakfast</b>                      Cereal                      Toast                      Milk/Juice</p> <p><b>Lunch</b>                      Italian Dunkers                      Meat Sauce                      Corn                      Mixed Fruit                      Milk</p>	<p>15</p> <p><b>Breakfast</b>                      Omelet                      Toast                      Milk/Juice</p> <p><b>Lunch</b>                      Cheesy Hash Browns                      Fish Shapes                      Carrots                      Pears                      Milk</p>	<p>16</p> <p><b>Breakfast</b>                      French Toast                      Sausage                      Milk/Juice</p> <p><b>Lunch</b>                      Chicken Fajita                      Lettuce &amp; Cheese                      Diced Tomatoes                      Green Beans                      Mandarin Oranges                      Milk</p> <p><b>2:20 Dismissal</b></p>	<p>17</p> <p><b>Breakfast</b>                      Cereal                      Toast                      Milk/Juice</p> <p><b>Lunch</b>                      Spaghetti                      Meat Sauce                      Cheese Sticks                      Romaine Lettuce                      Dressing                      Applesauce                      Milk</p>	<p>18</p> <p><b>Breakfast</b>                      Donuts                      Trix or Yogurt                      Milk/Juice</p> <p><b>Lunch</b>                      Sloppy Joe on a Bun                      Baked Beans                      French Fries                      Pickles                      Pineapple                      Milk</p>

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<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>21</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Meat &amp; Cheese Boat Broccoli Mixed Fruit Milk</p>	<p><b>22</b> <b>Breakfast</b> Scrambled Eggs Hash Browns Milk/Juice</p> <p><b>Lunch</b> Salisbury Steak Mashed Potatoes Gravy or Butter Capri Vegetables Applesauce Milk</p>	<p><b>23</b> <b>Breakfast:</b> Pancake on a Stick Yogurt Milk/Juice</p> <p><b>Lunch</b> Chili &amp; Chips Cheese Green Beans Banana Milk</p>	<p><b>25</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Chicken Soup Sandwich Crackers Peaches Milk</p>	<p><b>26</b> <b>Breakfast</b> Breakfast Pizza Trix or Yogurt Milk/Juice</p> <p><b>Lunch</b> Sub Sandwich Lettuce &amp; Cheese Baby Carrots Dressing Grapes Milk</p>
<p><b>28</b> <b>No School</b>  (If needed weather related make-up day)</p>	<p><b>29</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Mac &amp; Cheese Sausage Links Green Beans Pears Milk</p>	<p><b>30</b> <b>Breakfast</b> Waffle Sticks Sausage Milk/Juice</p> <p><b>Lunch:</b> Chicken Nugget Mashed Potatoes Gravy or Butter Corn Mandarin Oranges Milk</p>	<p><b>31</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Beef &amp; Bean Nachos Romaine Lettuce Dressing Mixed Fruit Milk</p>	<p><b>Feb. 1</b> <b>Breakfast</b> Cinnamon Tasties Trix or Yogurt Milk/Juice</p> <p><b>Lunch:</b> Hamburgers on a Bun Pickles Sliced Tomatoes Baked Beans Peaches Milk</p>

