

Central Lyon Menu January 2019



BREAKFAST PRICES:

Student: \$1.45

Adult: \$1.60

Second Juice: \$.35

LUNCH PRICES:

Grades TK-5: \$2.15

Grades 6-8: \$2.25

Grades 9-12: \$2.35

Adult: \$3.65

Second Meal: \$3.65

Extra Milk \$.35

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>2 Breakfast Waffle Sticks Sausage Fruit Milk/Juice</p> <p>Lunch Salisbury Steak Mashed Potatoes Gravy or Butter Cream Corn Applesauce Sandwich Milk</p>	<p>3 Breakfast Omelet Toast Fruit Milk/Juice</p> <p>Lunch Sloppy Joes Pickles Green Beans Sun Chips Grapes Milk</p>	<p>4 Breakfast Breakfast Pizza Yogurt Fruit Milk/Juice</p> <p>Lunch Mr Rib on a Bun Baked Beans Baby Carrots Dressing Sidekick Milk</p>
<p>7 Breakfast Cereal Toast Cinnamon Sugar Fruit Milk/Juice</p> <p>Lunch Breaded Pork Patty Mashed Potatoes Gravy or Butter Glazed Carrots Pineapple Milk</p>	<p>8 Breakfast Scrambled Eggs with Cheese & Bacon Toast Fruit Milk/Juice</p> <p>Lunch Hot Ham & Cheese on a Bun Broccoli Mandarin Oranges Milk</p>	<p>9 Breakfast Pancake on a Stick Syrup Fruit Milk/Juice</p> <p>Lunch Chicken Fajitas Lettuce Cheese Salsa Mixed Veggies Peaches Milk</p> <p style="text-align: center;">1:00 Dismissal</p>	<p>10 Breakfast Cereal Muffin Fruit Milk/Juice</p> <p>Lunch Hamburger on a Bun Baked Beans Tater Tots Apple Slices Milk</p>	<p>11 Breakfast Donut Yogurt Fruit Milk/Juice</p> <p>Lunch Pig in a Blanket Corn Chips Pears Milk</p>
<p>14 Breakfast Cereal Toast Jelly Fruit Milk/Juice</p> <p>Lunch Scalloped Potatoes and Ham Green Beans Orange Wedges Sandwich Milk</p>	<p>15 Breakfast Breakfast Taco Tri Tater Fruit Milk/Juice</p> <p>Lunch Meatball Sub Mozzarella Cheese Romaine Lettuce Dressing Mixed Fruit Milk</p>	<p>16 Breakfast French Toast Syrup Sausage Links Fruit Milk/Juice</p> <p>Lunch Popcorn Chicken Mashed Potatoes Gravy or Butter California Medley Applesauce Milk</p>	<p>17 Breakfast Cereal Muffin Fruit Milk/Juice</p> <p>Lunch Grilled Chicken Sandwich Corn Carrots & Celery Sticks Pineapple Milk</p>	<p>18 Breakfast Breakfast Sandwich Yogurt Fruit Milk/Juice</p> <p>Lunch Hot Dog/Chili Dog Potato Wedges Baked Beans Grapes Milk</p>

**BREAKFAST SERVING TIME
IS 7:45 -8:10 A.M.**

**Menu Items Subject to Change
Without Notice. If you have
any questions or concerns,
please contact Darsha Tuenge-
Food Service Supervisor,
(712) 472-2664**

**This institution is an equal
opportunity provider.**

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	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>21</p> <p style="text-align: center; font-size: 1.2em;">NO SCHOOL</p> <div style="text-align: center;"> <p style="margin: 0;">STAFF DEVELOPMENT</p> </div>	<p>22</p> <p>Breakfast Breakfast Wrap Toast w/Cheese Fruit Milk/Juice</p> <p>Lunch Chicken Noodle Soup Crackers Peas Mandarin Oranges Milk</p>	<p>23</p> <p>Breakfast: Pancakes Sausage links Fruit Milk/Juice</p> <p>Lunch Haystacks Cheese Sauce Green Beans Peaches Milk</p>	<p>24</p> <p>Breakfast Cereal Toast Peanut Butter or Jelly Fruit Milk/Juice</p> <p>Lunch Meatloaf Sandwich Mashed Potatoes Gravy or Butter Corn Pears Milk</p>	<p>25</p> <p>Breakfast Cinnamon Roll Yogurt Fruit Milk/Juice</p> <p>Lunch Pizza Baby Carrots Dressing Strawberries Milk</p>	
<p>28</p> <p>Breakfast Cereal Muffin Fruit Milk/Juice</p> <p>Lunch Taco in a Bag Lettuce Cheese French Green Beans Mandarin Oranges Milk</p>	<p>29</p> <p>Breakfast Omelet Toast Cinnamon Sugar Fruit Milk/Juice</p> <p>Lunch Ham, Turkey and Cheese Sub Romaine Lettuce Dressing Pineapple Milk</p>	<p>30</p> <p>Breakfast Waffle Sticks Sausage Fruit Milk/Juice</p> <p>Lunch Breaded Chicken Patty Mashed Potatoes Gravy or Butter Broccoli Applesauce Milk</p>	<p>31</p> <p>Breakfast Cereal Grape Crescent Fruit Milk/Juice</p> <p>Lunch Chili Cinnamon Roll Crackers Carrots & Celery Ranch Dressing Banana Milk</p>		