



## Central Lyon Menu November 2016

**BREAKFAST PRICES:**

Student: \$1.45  
 Adult: \$1.60  
 Second Juice: \$ .35

**LUNCH PRICES:**

Grades TK-5: \$2.10  
 Grades 6-8: \$2.20  
 Grades 9-12: \$2.30  
 Adult: \$3.45  
 Second Meal: \$3.45  
 Extra Milk: \$ .35

**TENTATIVE  
 BREAKFAST SERVING  
 TIME IS  
 7:45-8:10 A.M.**

**Menu Items Subject to Change  
 Without Notice.**  
 Contact Joella Postma, Food  
 Service Supervisor, at  
 (712) 472-4041 with any  
 questions or concerns.  
**This institution is an  
 equal opportunity  
 provider & employer.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>7</b>  <b>Breakfast</b>            Cereal            Toast            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Breaded Pork Patty            Mashed Potatoes            Gravy or Butter            Peas            Pears            Milk</p>	<p><b>8</b>  <b>Breakfast</b>            Breakfast Slider            Trix or Yogurt            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Chicken Casserole            Green Beans            Applesauce            Bread            Milk</p>	<p><b>9</b>  <b>Breakfast</b>            Pancakes on a Stick            Trix or Yogurt            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Meat &amp; Cheese Boat            Romaine Lettuce            Dressing            Banana            Milk</p>	<p><b>10</b>  <b>Breakfast</b>            Cereal            Toast            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Italian Dunker            Meat Sauce            Cream Corn            Mixed Fruit            Milk</p>	<p><b>11</b>  <b>Breakfast</b>            Cinnamon Rolls            Trix or Yogurt            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Chicken Patty on a            Bun            Baby Carrots            Dressing            Grapes            Milk</p>
<p><b>14</b>  <b>Breakfast</b>            Cereal            Toast            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Cheese Quesadilla            Cheese Sauce            French Green Beans            Peaches            Milk</p>	<p><b>15</b>  <b>Breakfast</b>            Egg Wrap            Trix or Yogurt            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Chili Soup            Cinnamon Roll            Crackers            Pears            Milk</p>	<p><b>16</b>  <b>Breakfast</b>            Belgian Waffle            Sausage            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Haystacks            Cheese Sauce            Broccoli            Applesauce            Bread            Milk</p>	<p><b>17</b>  <b>Breakfast</b>            Cereal            Toast            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Chicken Drumstick            Mashed Potatoes            Gravy or Butter            Corn            Tea Roll            Mandarin Oranges            Milk</p>	<p><b>18</b>  <b>Breakfast</b>            Breakfast Sandwich            Trix or Yogurt            Fruit            Milk/Juice</p> <p><b>Lunch</b>            Hamburger on a Bun            Baked Beans            Side Kick            Milk</p>



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<p><b>21</b> <b>Breakfast</b> Cereal Toast Fruit Milk/Juice</p> <p><b>Lunch</b> Chicken Fajita Lettuce Cheese Green Beans Mixed Fruit Milk</p>	<p><b>22</b> <b>Breakfast</b> Scrambled Eggs Toast or Muffin Fruit Milk/Juice</p> <p><b>Lunch</b> Mr. Rib on a Bun Romaine Lettuce Dressing Pears Milk</p>	<p><b>23</b> <b>Breakfast</b> French Toast Sausage Fruit Milk/Juice</p> <p><b>Lunch</b> Chili &amp; Chips Cheese Cream Corn Peaches Bread Milk</p> <p style="text-align: center;"><b>1:00 Dismissal Staff Development</b></p>	<p><b>24</b> <b>No School</b></p>	<p><b>25</b> <b>No School</b></p>
<p><b>28</b> <b>Breakfast</b> Cereal Toast Fruit Milk/Juice</p> <p><b>Lunch</b> Chicken Nuggets Mashed Potatoes Gravy or Butter Corn Mandarin Oranges Milk</p>	<p><b>29</b> <b>Breakfast</b> Omelet Toast or Muffin Fruit Milk/Juice</p> <p><b>Lunch</b> Meatball Subs Mozzarella Cheese Broccoli Pineapple Milk</p>	<p><b>30</b> <b>Breakfast</b> Pancake on a Stick Trix or Yogurt Fruit Milk/Juice</p> <p><b>Lunch</b> Beef &amp; Bean Nachos Nacho Cheese Sauce French Green Beans Banana Milk</p>	<p><b>Dec. 1</b> <b>Breakfast</b> Cereal Toast Fruit Milk/Juice</p> <p><b>Lunch</b> Chicken Noodle Soup Crackers Sandwich Peaches Milk</p>	<p><b>Dec. 2</b> <b>Breakfast</b> Donuts Trix or Yogurt Fruit Milk/Juice</p> <p><b>Lunch</b> Hot Dog on a Bun Baked Beans Side Kicks Milk</p>

