



BREAKFAST PRICES:

Student: \$1.45
 Adult: \$1.60
 Second Juice: \$.35

LUNCH PRICES:

Grades TK-5: \$2.15
 Grades 6-8: \$2.25
 Grades 9-12: \$2.35
 Adult: \$3.65
 Second Meal: \$3.65
 Extra Milk \$.35








TENTATIVE BREAKFAST
 SERVING TIME IS
 7:45-8:10 A.M.

Menu Items Subject to Change
 Without Notice. If you have
 any questions or concerns,
 please contact Darsha Tuenge-
 Food Service Supervisor,
 (712) 472-2664



Central Lyon Menu October 2018



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Breakfast Cereal Toast Peanut Butter or Jelly Fruit Milk/Juice  Lunch (TK & K) Meatball Sub Mozzarella Cheese Green Beans Mixed Fruit Milk	2 Breakfast Mini Pancakes w/ Syrup Sausage Links Fruit Milk/Juice  Lunch (1st Grade) Chicken Nuggets Mashed Potatoes Gravy or Butter Corn Mandarin Oranges Milk	3 Breakfast Breakfast slider Yogurt Fruit Milk/Juice Lunch (2nd Grade) Hamburger on a Bun Baked Beans Peas Cookie Milk 	4 Breakfast Cereal Muffin Fruit Milk/Juice  Lunch (3rd Grade) Spaghetti w/ Meat Sauce Romaine Lettuce Dressing Breadstick Apple Slices Milk	5 Breakfast Breakfast Sandwich Fruit Milk/Juice  Lunch (4th Grade) Taco in a Bag Lettuce, Cheese, Tomato Salsa Fiesta Black Beans Grapes Milk
Hot Lunch Week/Book Fair Oct. 1-5. Theme: Enchanted Forest, Let Your Imagination Grow! No Salad Bar Grades in K-8 During Hot Lunch Week. 				
8 Breakfast Cereal Cinnamon Sugar Toast Fruit Milk/Juice Lunch Popcorn Chicken (TK-8) Mashed Potatoes Orange Chicken (9-12) Rice Peas Pineapple Milk	9 Breakfast Cheese Omelet Tri Tater Toast Fruit Milk/Juice Lunch Beef and Bean Nachos Cheese Sauce Broccoli Apricots Milk	10 Breakfast Waffles Sausage Links Fruit Milk/Juice Lunch Breaded Chicken Patty Mashed Potatoes Gravy or Butter Cream Corn Peaches Milk	11 Breakfast Cereal Muffin Fruit Milk/Juice Lunch Sloppy Joe on a Bun Baby Carrots Ranch Dressing Potato Wedges Mixed Fruit Milk	12 Breakfast Breakfast Pizza Yogurt Fruit Milk/Juice Lunch Chili Crisпитos Cheese Sauce Mixed Vegetables Applesauce Milk
15 <div style="text-align: center;"> No School Staff Development  </div>	16 Breakfast French Toast Sticks Syrup Fruit Milk/Juice Lunch Mr. Rib on a Bun Mac & Cheese Romaine Lettuce Dressing Mandarin Oranges Milk	17 Breakfast Scrambled Eggs With Bacon & Cheese Toast Fruit Milk/Juice Lunch Beef Tacos Cheese Lettuce Salsa Corn Mixed fruit Milk	18 Breakfast Cereal Grape Crescent Fruit Milk/Juice Lunch Chicken Noodle Soup Crackers Peas Grapes Milk	19 Breakfast Cinnamon Roll Yogurt Fruit Milk/Juice Lunch Corn Dog Green Beans Baked Beans Peas Milk



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This institution is an equal opportunity provider.

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<p>22 Breakfast Cereal Toast Peanut Butter Jelly Fruit Milk/Juice</p> <p>Lunch Scalloped Potatoes and Ham Bread Mixed Veggies Peaches Milk</p>	<p>23 Breakfast Breakfast Taco Yogurt Fruit Milk/Juice</p> <p>Lunch Sub Sandwich Lettuce Cheese Baked Beans Chips Orange Wedges Milk</p>	<p>24 Breakfast: Pancake on a Stick Syrup Fruit Milk/Juice</p> <p>Lunch Chicken Patty Mashed Potatoes Gravy or Butter California Medley Pears Milk</p>	<p>25 Breakfast Cereal Muffin Fruit Milk/Juice</p> <p>Lunch Italian Dunkers With Meat Sauce Broccoli Banana Milk</p>	<p>26 Breakfast French Toast Bites Syrup Yogurt Fruit Milk/Juice</p> <p>Lunch Pizza Baby Carrots Ranch Dressing Apple Dippers Milk</p>
<p>29 Breakfast Cereal Toast With Cheese Fruit Milk/Juice</p> <p>Lunch Chili & Chips Romaine Lettuce Dressing Peaches Milk</p>	<p>30 Breakfast Pancakes Syrup Sausage Links Fruit Milk/Juice</p> <p>Lunch Goulash Corn Breadstick Mixed Fruit Milk</p>	<p>31 Breakfast Breakfast Slider Yogurt Fruit Milk/Juice</p> <p>Lunch "SPOOKY" CHICKEN NUGGETS BLOODCURDLING BAKED BEANS ORANGE APPLESAUCE SCARY SIDEKICKS CREEPY COOKIES MONSTER MILK</p> <p style="text-align: center; color: red; font-size: 1.2em;">Halloween</p>		

**Parent/Teacher
Conferences
5:30 pm -8:30 pm**

