

# Central Lyon Menu October 2012



**HOT LUNCH  
WEEK &  
BOOK FAIR  
OCT. 1-5**

**NO SALAD BAR  
FOR K-8**

**BREAKFAST**

**PRICES:**

Student: \$1.20

Adult: \$1.35

Second Juice: \$ .35

**LUNCH PRICES:**

Grades TK-5: \$1.75

Grades 6-8: \$1.85

Grades 9-12: \$2.00

Adult: \$3.00

TENTATIVE BREAKFAST  
SERVING TIME IS  
7:50-8:10 A.M.

Menu Items Subject to Change  
Without Notice. If you have any  
questions or concerns, please  
contact Joella Postma Food  
Service Supervisor,  
(712) 472-4041.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Breakfast</b> Cereal Toast Milk/Juice  <b>Lunch</b> Meatball Sub Broccoli Peaches Milk  <b>TK &amp; 5th Grade</b>	<b>2</b> <b>Breakfast</b> Egg Taco Fruit Milk/Juice  <b>Lunch</b> Chicken Nuggets Mashed Potatoes Green Beans Mandarin Oranges Milk  <b>2nd Grade</b>	<b>3</b> <b>Breakfast</b> Waffle Sticks Sausage Milk/Juice  <b>Lunch</b> Sub Sandwich Lettuce & Cheese Carrots & Celery Pears Milk  <b>1st Grade</b>	<b>4</b> <b>Breakfast</b> Cereal Toast Milk/Juice  <b>Lunch</b> Spaghetti Romaine Lettuce/Spinach Dressing Applesauce Milk  <b>Kdg. &amp; 4th Grade</b>	<b>5</b> <b>Breakfast</b> Cinnamon Tasties Yogurt Milk/Juice  <b>Lunch</b> Hamburger on a Bun Pickles, Sliced Tomatoes Baked Beans Pineapple Milk  <b>3rd Grade</b>
<b>8</b> <b>Breakfast</b> Cereal Toast Milk/Juice  <b>Lunch</b> Tacos Cheese Lettuce Refried Beans Mixed Fruit Milk	<b>9</b> <b>Breakfast</b> Egg Taco Yogurt Milk/Juice  <b>Lunch</b> Chili & Chips Cheese Corn & Black Bean Salsa Peaches Milk	<b>10</b> <b>Breakfast</b> Pancake on Stick Sausage Milk/Juice  <b>Lunch</b> Pepperoni Pizza Green Beans Banana Milk  <b>2:20 Dismissal</b>	<b>11</b> <b>Breakfast</b> Cereal Toast Milk/Juice  <b>Lunch</b> Pork Roast Mashed Potatoes Broccoli Pears Milk	<b>12</b> <b>Breakfast</b> Breakfast Sandwich Yogurt Milk/Juice  <b>Lunch</b> Chicken Patty Baby Carrots Dressing Grapes Milk
<b>15</b> <b>Breakfast</b> Cereal Toast Milk/Juice  <b>Lunch</b> Haystacks Cheese Sauce Diced Tomatoes Pineapple Milk	<b>16</b> <b>Breakfast</b> Omelet Toast Milk/Juice  <b>Lunch</b> Popcorn Chicken Mashed Potatoes Carrots Mandarin Oranges Milk	<b>17</b> <b>Breakfast</b> French Toast Sausage Milk/Juice  <b>Lunch</b> Chili Crisпитos Cheese Sauce Romaine Lettuce Dressing Peaches Milk	<b>18</b> <b>Breakfast</b> Cereal Toast Milk/Juice  <b>Lunch</b> Chicken Noodle Soup Crackers Cheese Sandwich Pears Milk	<b>19</b> <b>Breakfast</b> Donuts Yogurt Milk/Juice  <b>Lunch</b> Pigs in a Blanket Baked Beans Watermelon Milk

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Second Meal: \$3.00

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<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>22</b> <b>Breakfast</b> Cereal Toast Milk Juice</p> <p><b>Lunch</b> Taco in a Bag Lettuce &amp; Cheese Corn &amp; Black Bean Salsa Pears Milk</p> <p style="color: red;"><b>P/T Conference 5:30-8:30 p.m.</b></p>	<p><b>23</b> <b>Breakfast</b> Scrambled Eggs Toast Milk/Juice</p> <p><b>Lunch</b> Goulash Carrots Applesauce Tea Roll Milk</p>	<p><b>24</b> <b>Breakfast:</b> Pancake on a Stick Yogurt Milk/Juice</p> <p><b>Lunch</b> Grilled Cheese Sandwich Green Beans Banana Milk</p>	<p><b>25</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Salisbury Steak Mashed Potatoes California Blend Pineapple Milk</p> <p style="color: red;"><b>P/T Conference 5:30-8:30 p.m.</b></p>	<p><b>26</b></p> <p><b>No School Parent Teacher Conference Comp Day</b></p> 
<p><b>29</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Italian Dunkers Meat Sauce Corn Mandarin Oranges</p>	<p><b>30</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Mac &amp; Cheese Sausage Peas Peaches Milk</p>	<p><b>31</b> <b>Breakfast</b> French Toast Sausage Milk/Juice</p>  <p><b>Lunch:</b> Chicken Fajita Lettuce &amp; Cheese Salsa Diced Tomatoes Mixed Fruit Milk</p> 	<p><b>Nov. 1</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch:</b> Chili Soup Cinnamon Rolls Crackers Pears Milk</p>	<p><b>Nov. 2</b> <b>Breakfast</b> Breakfast Pizza Yogurt Milk/Juice</p> <p><b>Lunch:</b> Hot Ham &amp; Cheese Baby Carrots Grapes Milk</p>