



## Central Lyon Menu September 2012

### BREAKFAST PRICES:

Student: \$1.20

Adult: \$1.35

Second Juice: \$ .35

### LUNCH PRICES:

Grades TK-5: \$1.75

Grades 6-8: \$1.85

Grades 9-12: \$2.00

Adult: \$3.00

Second Meal: \$3.00

TENTATIVE  
BREAKFAST SERVING  
TIME IS  
7:45—8:10 A.M.

Menu Items Subject to  
Change Without Notice. If  
you have any questions or  
concerns, please contact  
Joella Postma,  
Food Service Supervisor,  
(712) 472-4041

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>3</b></p> <p><b>No School Labor Day</b></p>	<p><b>4</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Salisbury Steak Mashed Potatoes Gravy Carrots Applesauce Bread Milk</p>	<p><b>5</b> <b>Breakfast</b> Pancakes Sausage Milk/Juice</p> <p><b>Lunch</b> Haystacks Cheese Sauce Corn Salsa Diced Tomatoes Peaches Milk</p>	<p><b>6</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Chicken Casserole Broccoli Mixed Fruit Tea Roll Milk</p>	<p><b>7</b> <b>Breakfast</b> Breakfast Sandwich Trix or Yogurt Milk/Juice</p> <p><b>Lunch</b> Hot Dog on a Bun Baked Beans Grapes Milk</p>
<p><b>10</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Popcorn Chicken Mashed Potatoes Gravy Mandarin Oranges Brown Rice Milk</p>	<p><b>11</b> <b>Breakfast:</b> Scrambled Eggs Toast Milk/Juice</p> <p><b>Lunch</b> Mac &amp; Cheese Sausage Green Beans Mixed Fruit Tea Roll Milk</p>	<p><b>12</b> <b>Breakfast:</b> Pancake on a stick Trix or Yogurt Milk/Juice</p> <p><b>Lunch</b> Chili &amp; Chips Cheese Corn &amp; Black Bean Salsa Banana Milk</p>	<p><b>13</b> <b>Breakfast:</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Mr. Rib on a Bun Romaine Lettuce with Spinach Dressing Pears Milk</p>	<p><b>14</b> <b>Breakfast:</b> Cinnamon Tosties Trix or Yogurt Milk/Juice</p> <p><b>Lunch</b> Sub Sandwich Cheese Pickles Lettuce Celery Sticks Baby Carrots Dressing Pineapple Milk</p>



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Extra Milk \$ .35

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<p><b>17</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Taco in a Bag Lettuce &amp; Cheese Corn Salsa Peaches Milk</p>	<p><b>18</b> <b>Breakfast</b> Omelet Trix or Yogurt Milk/Juice</p> <p><b>Lunch</b> Pork Patty on Bun Sweet Potato Fries Refried Beans Mixed Fruit Milk</p>	<p><b>19</b> <b>Breakfast</b> French Toast Sausage Milk/Juice</p> <p><b>Lunch</b> Grilled Cheese Sandwich French Green Beans Mandarin Oranges Milk</p> <p style="text-align: center;"><b>1:00 Dismissal</b> <b>Teacher</b> <b>Collaboration</b></p>	<p><b>20</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Chicken A-La-King on Biscuits Sliced Peppers Cherry Tomatoes Applesauce Milk</p>	<p><b>21</b> <b>Breakfast</b> Cinnamon Roll Trix or Yogurt Milk/Juice</p> <p><b>Lunch</b> Hot Ham &amp; Cheese Fresh Broccoli &amp; Cauliflower Dressing Grapes Milk</p>
<p><b>24</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Italian Dunkers Meat Sauce Romaine Lettuce Dressing Pineapple Milk</p>	<p><b>25</b> <b>Breakfast</b> Egg Taco Fruit Milk/Juice</p> <p><b>Lunch</b> Beef &amp; Bean Nachos Tortilla Chips Cheese Sauce Diced Tomatoes Green Beans Pears Milk</p>	<p><b>26</b> <b>Breakfast</b> Pancakes Sausage Milk/Juice</p> <p><b>Lunch</b> Chicken Fajita Lettuce &amp; Cheese Salsa Peas Banana Milk</p>	<p><b>27</b> <b>Breakfast</b> Cereal Toast Milk/Juice</p> <p><b>Lunch</b> Baked Fish Shapes Tartar Sauce California Blend Applesauce Milk</p>	<p><b>28</b> <b>Breakfast</b> Breakfast Pizza Trix &amp; Yogurt Milk/Juice</p> <p><b>Lunch</b> Sloppy Joe on a Bun Pickles Baked Beans Pineapple Milk</p>