



Central Lyon Volleyball

Central Lyon Volleyball Mission Statement:

To develop hard working individuals who are positive role models on and off the court, as well as; pushing student athletes to reach their fullest potential. It is our mission to instill a strong work ethic, discipline, leadership, and a desire to play the game of volleyball, competitiveness, and learn other life lessons along the way.

Central Lyon Team Philosophy:

Once practice is underway, coaches will evaluate each athlete's skill level. Athletes may be moved within Freshmen, Jr. Varsity and Varsity levels for them to be successful—this is important for confidence and for skill improvement. We have many athletes who work above and beyond the minimum to better themselves. We're hoping our players really push each other to become better athletes, and to continue to develop our volleyball program.

Coaches will attempt, whenever possible, to provide playing time for every athlete on the roster. But these opportunities cannot be guaranteed. To balance squads, players could be moving up or down throughout the season, flexibility from all athletes and parents is an integral component in each team's success.

Coach Schar's Philosophy

Varsity Level

As your varsity coach, I will provide athletes with a safe and competitive playing environment that allows each varsity player to reach her fullest potential. I believe it is my job to provide players with opportunities to see how skills obtained during the volleyball season correlate too many areas of their lives. I will be firm and consistent and treat all athletes fairly. I will clearly communicate to all players. At the varsity level, I will attempt, whenever possible to provide playing time for every varsity athlete on the roster. However, these opportunities cannot be guaranteed. And when they do not occur, my perception of when they should occur may not match with when you believe they should occur. I will work for my athlete's to understand above all, playing-time decisions at the varsity level come from my obligation to produce a team that will defeat our opponents. I will always put the players on the floor who I think have the best chance to win the match.

2021 JV Volleyball

My philosophy is to emphasize a fun and positive experience of playing the sport of competitive team volleyball and to strive for the perfection of the mechanics of the technical skill development. At the JV level, all players must be flexible and open-minded. By being flexible, you understand the many changes that may happen at the JV level. At the JV level, we are starting to shift to a Varsity mentality. We are playing to win to a certain extent. I will try to allow all players to see some playing time, but depending on each game and your daughters' position, it is important to remember that some athletes may play more frequently than others.

By having an open mind, you have to make yourself work hard and never quit. Every girl has a certain role on the team and every role is very important. No matter the role your daughter has, I require hard work, determination to succeed and passion for the game. Trust the process and your coach. There may be times that you are placed in a position that will put you in an uncomfortable situation. Believe in your coach and your team and accept the challenge.

I strive to pass on my passion for the game of volleyball as well as to help players realize and achieve their full potential both on and off the court. And lastly, we play to have fun and push others to be a better player and person.

Goals for the 2021 season:

1. Have fun and always play as a team.
2. Show good sportsmanship by having respect for all coaches, referees, fans, opponents, and other teammates.
3. Encourage TEAM play with a positive attitude.
4. Strive to give 100% during practices and competitions.
5. Trust in the coaches and in our programs.
6. Set a higher standard for yourself by continuing to set small goals that are realistic and that can be accomplished during the season.
7. Never lose faith, never give up and never doubt yourself or your teammate's abilities. Trust the process.
8. Represent yourself and the Central Lyon volleyball program with pride and a true fighting spirit.

2021 Freshmen Volleyball

As the CLVB Freshmen coach, my intent and goal is to teach fundamental volleyball skills, teamwork, and consistency. Each player will have a role on the team and it is my expectation that each player accepts and excel in that role. Each player will play with the understanding that playing time may not be equal depending upon individual roles to create a team.

I expect each member of our team to be respectful, coachable, committed, and motivated while portraying good sportsmanship. In return, each player should expect the same from teammates and me. We will build on strengths, learn new skills, and improve throughout the season individually and as a team. I will create a safe, fun, motivated, respectful environment with a team that loves the game of volleyball. I will coach the athletes to the best of my ability, learning alongside of them. My motto for this team and life in general: Work hard, be kind.