

A stylized, high-contrast illustration of a tiger's head, facing forward with its mouth slightly open, showing teeth. The tiger is rendered in black and white with yellow outlines. It is centered within a white square, which is itself set against a larger yellow circular background.

Central Lyon Team Philosophy:

We're hoping our players push each other to become better athletes, and to continue to develop our volleyball program. Coaches will attempt, whenever possible, to provide playing time for every athlete on the roster. But these opportunities cannot be guaranteed. To balance squads, players could be moving up or down throughout the season, flexibility from all athletes and parents is an integral component in each team's success.





JV Volleyball Coach Weiler

My philosophy is to emphasize a fun and positive experience when playing volleyball. As a team, we will work to improve the mechanics and the technical skill development of the game. At the JV level, all players will be flexible and open-minded.

When being flexible, it is understood changes may occur. At the JV level, we are preparing for Varsity. We are playing to win. I will try to provide all players with some playing time. It is important to remember, some athletes may play more frequently than others.

Each player has a role on the team and all roles are important. As your coach, I require hard work, determination, and enthusiasm for the game. I will work to instill my passion for the game in addition to encouraging the players to realize and achieve their full potential both on and off the court.



JV-R Volleyball Coach Whitsell

My role as the JV-R volleyball coach is to teach and mentor players in the fundamentals of the game as well as demonstrating good sportsmanship. I strive to teach players life lessons through volleyball which will carry over into adulthood.

Each girl will have a role on the team and every role is important to our dynamics. No matter the role, hard work, determination, enthusiasm, and coachability are required. Not everyone will play an equal amount. As a coach, I will push each athlete to be her best. I strive to provide an atmosphere that makes volleyball an enjoyable experience.

The success of our team requires each player to perform her role to the best of her ability. My goal as the JV-R coach is to determine where each athlete fits.