

## Inside this issue:

Secondary Thoughts	2
FFA has Active Summer	2
Empathy Belly	3
Roundup for Education	3
NHS Induction	3
Counselors' Corner	4
School Board	4
New Math Series	5
Keloland Weather Net Site	5
The Lunch Line	6
CL Foundation	6
Visitor from Venezuela	7
Principal's Notes	7
Student Teacher	7
Note-Worthy Dates	8
PTC Fundraisers	8

### Donations to the Central Lyon Historical Project

Purchase an engraved brick or granite paver with your donation of \$50 to \$1000

Purchase a personalized, solid granite bench with a donation of \$5000

## The Central Lyon Historical Plaza

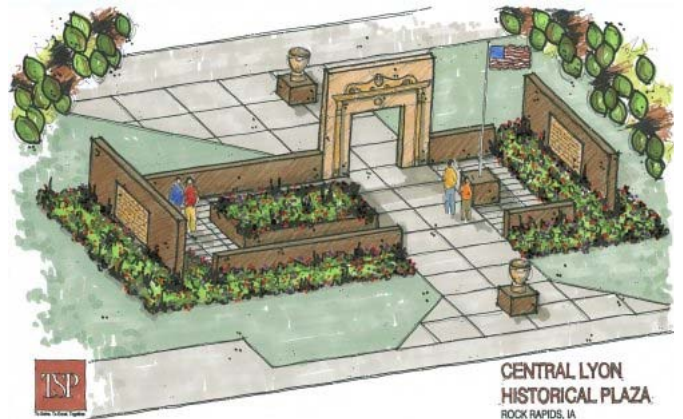
By William Hutchinson, Superintendent

Issue 8 Fall 2003  
Published quarterly

During the summer of 2003 the former high school building, also known as Wilson High, was demolished in order to prepare the site for the construction of a new facility to support the activities to be conducted in the remaining gymnasium, weight room, and fitness center. Prior to the demolition of the vacant building, certain artifacts were salvaged from the 1923 structure. It is our intent that they will be used in the construction of a historical area near the flagpole, which stands at the south end of Boone Street and had been dedicated by the class of 1924. The salvaged pieces include decorative urns from the roof line, two limestone plaques featuring quotations from Whitman and Macy, two ornate limestone door surrounds from the entrances, and a plaque of dedication for former Superintendent Wynant S. Wilson. All the salvaged pieces will be incorporated into the construction of the historical plaza.

To fund the historical plaza, a citizens committee has launched a campaign to sell engraved bricks and granite pavers that will make up the floor of the plaza. Enclosed in this newsletter is an insert which gives details of the project and includes an order form for the purchase of engraved bricks, granite pavers, and granite benches. An artist's depiction of what the historical plaza might look like is shown at right.

Construction of the plaza is planned to begin during the spring or summer of 2004, although it will be a continuing process as anticipated funds are gathered. Please direct questions to Marla Freese at the Central Lyon Community School, P.O. Box 471, Rock Rapids, IA, 51246, phone 712-472-2664.



This artist's depiction is a concept only.  
The final design for the plaza has not been decided at this time.

### Did you know.....

- The first school built in Rock Rapids was constructed in the late 1870's and the first graduation was in 1884.
- In 1922, Spencer Construction was awarded the contract of \$134,108 to build Wilson High School, which was named after Superintendent Wynant S. Wilson.
- The class of 1924 (17 students) was the first class to graduate from the Wilson High School building.
- In 1959, the Rock Rapids Independent School District became the Central Lyon Community School District as a result of a merger with the Doon Public School.
- The elementary and middle school classes moved into the current elementary building in January, 1968.
- The class of 1999 was the first class to graduate from the current high school building.

## Secondary Thoughts

By David Ackerman, Secondary (High School) Principal

It's hard to believe, but here we are in the second month of school. Along with the start of school comes all the activities and events associated with extra curricular activities. Another common thing that occurs with the start of the school year is the inevitable fundraising to help support our various activities and opportunities. As a parent of four school-age children, I know as well as anyone the feeling associated with wanting to help with fundraisers, but finding yourself flooded with requests. This can be especially difficult for our business community.

We realize at the school that there are many people who donate money and time to our

school. We also realize that individuals cannot possibly contribute to every fundraiser. We have appreciated the support we have received in the past and are trying to limit and even reduce some fundraisers where possible; for example we no longer sell ads for the yearbook. My point is this: if you can contribute, we greatly appreciate it; if you are unable to, we understand.

“...there are many people who donate money and time to our school.”

We greatly prize the support that our community gives the school, and we want to keep that interaction positive. Thank you for your continued support!

### The Prince is Giving a Ball!

On November 7 and 8, the all-school musical "Cinderella" will be presented. The timeless enchantment of a magical fairytale is reborn with songs by Rodgers & Hammerstein. A cast of 36 high school students is now rehearsing under the direction of Greg Temple and Tom Gaspar.

## FFA Has Active Summer

By Dwayne Postma, FFA Advisor

The Central Lyon FFA chapter recently concluded a very active summer schedule. As usual, the summer started with our senior trip. This year seven senior FFA members attended a week-long fishing trip to Portage Lake near Bena, Minnesota. A good number of fish were caught and a couple of great shore lunches were enjoyed. The group stayed at Iowana Beach Resort on Portage Lake, which I would recommend to anyone.

Following our senior trip, FFA members Meg Folkens, Krystal Huisman, and Drew Metzger attended a four day leadership camp at Iowa State Univer-

sity. The camp is sponsored by the Iowa Agricultural Youth Institute each year and emphasizes leadership, entrepreneurship, and many agricultural issues. Also in June the FFA, along with the Lyon County Extension, sponsored the annual Farm and Home Safety Camp for 4-8 year olds. This year's camp was attended by 40 youngsters from throughout Lyon County.

During the Lyon County Fair, it was also a very busy time for the FFA. To start things off, eight members assisted with a new fair project hauling, setting up, and taking down the curtains for the commercial exhibitor building. It will become an annual activity for our

chapter as a show of our appreciation to the Lyon County Fair Board's work with youth programs at the fair.

Throughout fair week, members were very busy with the animal manure disposal at the fair. This is one of those jobs that goes unnoticed by fairgoers, but is a huge undertaking throughout the week. The cleanup project required 6 manure spreaders, 3 tractors, 3 skid loaders, 31 FFA members, and hundreds of man hours to assure that the grounds are left looking as nice as before the fair. The sixteen Central Lyon FFA members that exhibited livestock at the fair received approximately twenty reserve or grand champion, plus exhibited showmanship, well kept pens and animals, great sportsmanship, and had a huge amount of fun.

Another summer project was the building project on our FFA property. Several members helped on many evenings and it is very nearly complete. The members are very proud that this project is totally funded by the money raised by the FFA chapter.

### Special thanks from the Central Lyon FFA to:

- Lyon County Farm Bureau for their local sponsorship of the leadership camp.
- Farmer's Elevator Coop and Lyon County Farm Bureau for their assistance with the Farm & Home Safety Camp.
- The Campbell family for allowing use of their property for disposal of fair manure.
- Wilmer DeRoo for his great leadership on the fair grounds.
- FFA dads for the use their equipment.
- Mr. Curt Fiedler and H&S HomeBuilding Center for their assistance with our building project.



Anthony, a junior, wears the empathy belly.

## Empathy Belly

By Joann Sheldon, High School  
Family & Consumer Science Teacher

Recently, Mrs. Sheldon's Child Development class studied prenatal development and childbirth. Students are required to wear The Empathy Belly during this unit of study. The Empathy Belly is a pregnancy simulator that is a multi-component, weighted garment that enables female and male students to experience some of the symptoms and effects of pregnancy. The Belly weighs about 35 pounds after the weights and water are added.

Both male and female students wear the belly for at least two or three hours during the school day. Male students gain a better understanding and appreciation of what women go through during pregnancy. The belly is worn to classes throughout the school day to really experience the difficulty of daily tasks of a pregnant woman. The hands-on experience of wearing the Empathy Belly definitely helps students understand what has been discussed in class. After wearing the belly for a few hours, female students are quick to say, "I'm never going to get pregnant." The male students usually say, "I feel so sorry for you women." When I hear those comments I know I have done my job well!

## Roundup for Education

By AJ Austin,  
Marketing Student

The high school marketing class, under the guidance of teacher Mr. Hulshof, will be helping various local businesses such as the Pizza Ranch and Frontier Bank with promotional and advertising matters throughout the year. Working with these businesses will give us some real-world experience in these marketing areas and we will be able to apply things we learned in class. One of the projects we are working on in conjunction with the Pizza

Ranch is the Roundup for Education program.



*Good Things, Everyday!*

Roundup for Education is Pizza

Ranch's newest program to help raise money for Central Lyon. The Ranch wagon logo is located in the lower right corner of their large, medium, and new chicken boxes. Starting in October, all you have to do is tear that wagon off (pictured at left) and bring it to one of the collection sites (Pizza Ranch, Jubilee, Frontier Bank, US Bank, or either CL school offices), so that the school can receive cash. For every wagon collected in October through January, the Pizza Ranch is donating \$.50 to Central Lyon. We will be giving monthly updates for coupons collected and money raised, so check the school website for more details.



Mr. Hulshof's marketing class with their promotional project at the ranch!

## National Honor Society Induction

By Peggy Groves, NHS Advisor

On November 24, 2003 the National Honor Society will hold its induction ceremony. The process for choosing the members has already begun.

Juniors and seniors with a grade point average of 3.0 or above were asked to complete information forms. Members will be chosen from the students who hand in the completed form by the deadline. Next, a faculty committee will choose the new members on the basis of the four National Honor Society qualities:

- Scholarship • Character • Leadership • Service

The committee's decision is based upon the information provided by the students (on the forms) and input from the entire faculty. The new members will be announced during an assembly on November 18.

Current members of NHS are seniors Heather De Bey, Mary LeMonds, Drew Metzger, Krista Schram, Brittany Van Berkum and Emily VanderLee.

## Financial Aid

By Terry Tausz,  
High School Guidance Counselor  
ttausz@central-lyon.k12.ia.us

On Tuesday, October 21, at 7:00 pm there will be a financial aid meeting for parents in the high school vocal music room. This meeting should be especially helpful to parents of seniors and even juniors.

The meeting will focus on the financial aid process, including a detailed discussion of the FAFSA, and an overview of the state and federal financial aid programs. It will be conducted by the College Planning Center of Des Moines. The College Planning Center is a division of Iowa Student Loan Liquidity Corporation, a private, not-for-profit corporation. The center provides FREE information, assistance, counseling and support to college-bound students and their families as they plan for college and apply for financial aid. They can be contacted at 1-877-272-4692 or on the web at [www.collegeplanning.org](http://www.collegeplanning.org).

## Freshmen Conferences

If you are the parent/guardian of a high school freshman, please plan to come to the guidance office to meet with your child/student and the guidance counselor to develop a four year plan of study. These meetings are by appointment and will be held from October 27 to November 26.

## Note to Parents of Seniors

The guidance office has given and will continue to give seniors information of importance to them and also to you as their parents. Sometimes this information does not make it home. Please ask your son/daughter on occasion if they have received any information which might be of interest to you. Do not hesitate to call with any questions you may have!

## Central Lyon Board of Education



The Central Lyon Board of Education members are Gail Van Berkum, Dr. Chet DeJong, Board Secretary/Business Manager Robin Kilgore, Superintendent William Hutchinson, President Bruce Vogel, Vice-President Judy Gacke, and Marilyn Mammenga.

## ITED Testing and More!

ITEDs (Iowa Tests of Educational Development) will be given to 9th, 10th, and 11th graders on the mornings of October 21 and 22. Please encourage your student(s) to do their best as these results are very beneficial to the school.

During the time of ITED testing, the seniors will be viewing a presentations on financial aid. The College Planning Center will also present two topics - "How to Succeed in College" and "Credit Card Management." On the afternoon of the 22nd, a presentation will be held for juniors by The College Planning Center entitled "College Planning."

## ITBS Results Significant

By Dan Kruse,  
Elementary/Middle School Guidance  
Counselor dkuse@central-lyon.k12.ia.us

Students in grades second through eighth will be taking the Iowa Tests of Basic Skills (ITBS) October 27-31. These tests have always been important to our school system, but because of the No Child Left Behind legislation the results have become even more significant. The results of these tests will be monitored closely by the Iowa Department of Education.

Fortunately, the students at Central Lyon continue to score well on these tests. Please continue to encourage your child to do their best.

## Central Lyon Foundation Board



The Central Lyon Foundation Board members are Jane Barker, Treasurer Ken Mellema, Cindy Wellein, President Mike Austin, Vice-President Dave Foltz, Kendall DeGroot, Karen Heitshusen, Sue Vinson, School Board Liason Judy Gacke, and Blair Metzger.

## New Math Series

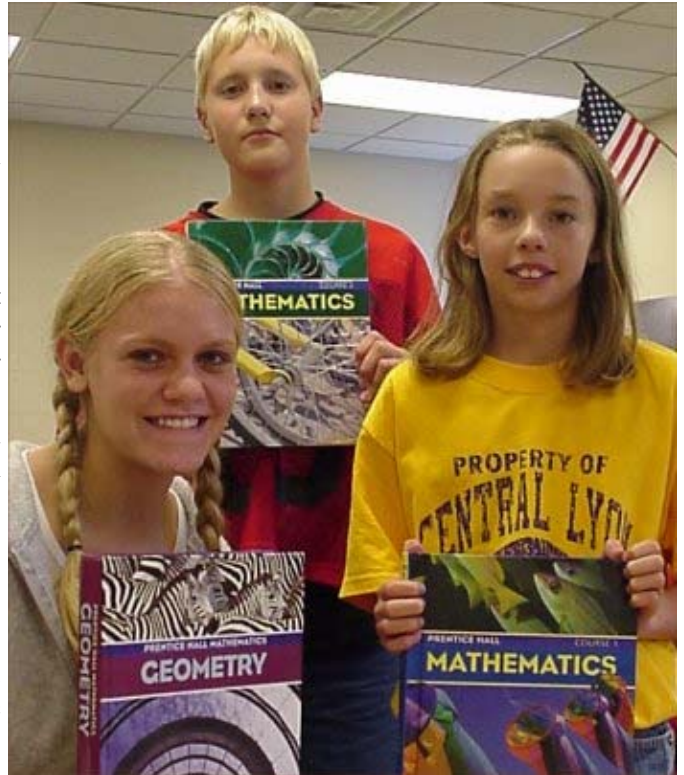
By Amy Sieperda, Middle School Math Teacher

The Central Lyon high school and middle school math departments have been in need of a new math book series for a number of years. Thanks to funding from the Central Lyon Foundation, the students started the year with new textbooks. The publishing company of these texts is Prentice Hall.

After teaching from the new curriculum, it is apparent that our students are being challenged. This should improve their math and thinking skills, which in turn will prepare them for standardized tests and post-high school studies.

If you have a student at the middle or high school level, you may want to take a look at his/her new math book. You will see lessons with examples, practice problems, mental and challenge problems, "real-world" examples, and review exercises. You will also notice printing on the inside cover acknowledging funding from the Central Lyon Foundation.

The middle/high school staff are looking forward to teaching from this new curriculum. The goal will be to strengthen the math knowledge of students. Once again, thanks to the Central Lyon Foundation for purchasing our new math series.



Christina Hagar, Mitch Vogt, and Kiley Eckenrod display their new high school and middle school math books.

## Central Lyon School Foundation Banquet

By Kendall DeGroot and Jane Barker, Foundation Publicity Committee

You are invited to participate in the Second Annual Fund Raising Campaign sponsored by the Central Lyon School Foundation, Inc. which will include a banquet to be held Saturday, November 1, 2003 at the Forster Community Center. Approximately 120 Foundation supporters attended the banquet last year and we hope to increase that number this year.

This year's speaker will be Chuck Borman of Hendersonville, North Carolina, the son of Helen Borman Schol and the late B.J. Borman of Rock Rapids. Chuck, a 1964 Central Lyon graduate, spent 23 years in the Army with extensive action in Viet Nam. He is currently the Executive Director of the Carolinas GCSA, a 1600 member association of golf course superintendents in North and South Carolina.

The cost of a ticket will be \$25.00 per person. The catered dinner will be Prime Rib, Chicken Breast or Pork Loin served with baby red potatoes, green bean almandine, lettuce salad, rolls, beverage and dessert.

Purchase your tickets at the C.A. C. Office, Central Lyon Community School Central Office or any banks in Doon or Rock Rapids. Tickets should be purchased by October 20, 2003. Social hour will start at 6:30 pm with dinner at 7:00 pm.

### What is the Central Lyon School Foundation, Inc.?

The Foundation, which was established in 2001, is a not-for-profit corporation dedicated to the enhancement of quality education through educational opportunities, school facilities, technology, and service, on behalf of the Central Lyon Community School district.

All contributions to the Foundation are tax deductible under Section 501 of the Internal Revenue Code. The Foundation operates independently of the school district and is governed by a Board of nine directors.

### What activities does the Foundation currently fund?

The foundation directly supports, in the form of current distributions, three types of projects: infrastructure, district educational needs, and small grants to individual teachers for special projects. Examples of recent distributions include assistance in purchase of a new math curriculum; assistance to the Media Centers for purchase of materials; and assistance in landscaping at the new High School. Grants to individual teachers for special projects will be made in the Fall 2003 term after completion of an application process.

Distributions of general Foundation funds are not currently being made for scholarships for Central Lyon graduates. Rather, specific bequests and contributions made to the Foundation for this purpose are distributed in this manner, according to the wishes of the contributor.

## Irradiated Food Products

By Betsy Stubbe, Food Services Supervisory

Ensuring the nutritional quality and safety of meals served to children participating in the National School Lunch Program continues to be a top priority for the Department of Agriculture (USDA). As part of the 2002 Farm Bill, congress directed the USDA to permit the use of approved food safety technology for food purchased for the National School Lunch Program. This includes irradiation. We wish to take a moment to explain how this Congressional directive is being implemented, and how it affects your food service.

Beginning January 2004, the USDA will offer commodity irradiated ground beef as a choice, along with non-irradiated ground beef, for delivery to schools. Iowa, along with other states, will be sent irradiated product only if it is ordered by the school. At this time, the Central Lyon Community School plans to order irradiated products only when the non-irradiated products are not available.

Food irradiation is a process in which products are exposed to radiant energy including gamma rays, electron beams, and x-rays in amounts approved by the by the Food and Drug Administration (FDA). Irradiation is only one of many processes that can be used to prevent foodborne illness. It is not a substitute for good manufacturing practices. Establishments that use irradiation must meet the same sanitation and processing standards required by all meat and poultry plants.

Food is irradiated to make it safer. It can reduce the risk of foodborne illness by destroying harmful bacteria, parasites, insects, and fungi. Irradiation does not destroy all pathogens in amounts approved by the FDA for refrigerated or frozen raw meat and poultry sold to consumers, but it does reduce their number. To sterilize food, a higher amount of radiation must be used. Hospitals have used

irradiation for many years to sterilize food for cancer patients and others with weakened immune systems. Irradiation also reduces spoilage. Like freezing, canning, and drying, irradiation can also extend the shelf life of perishable food products. For example, irradiated strawberries stay unspoiled in the refrigerator up to 3 weeks versus only 3 to 5 days for untreated berries.

The U.S. Government and Congress support irradiation as a food safety technology that can assist schools in providing safe meals to children. However, there are a number of other organizations that have information and perspectives to offer on this issue, some of which may even argue against irradiation. The school has a brochure based on scientific information to inform you about irradiated products available at your request. You may also view this same brochure at the following web site:

<http://schoolmeals.nal.usda.gov/Safety/FNSFoodSafety.htm>

## Keloland Weather Net Site

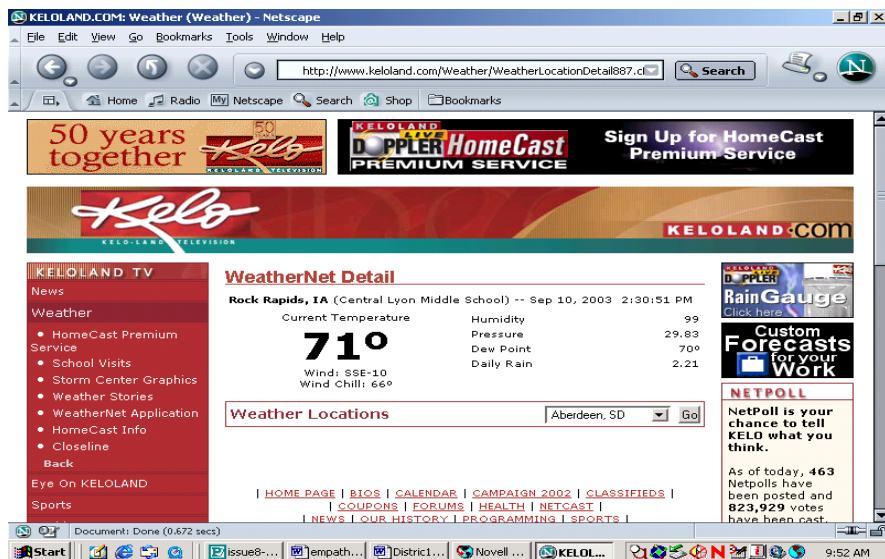
By Don Liefeld, Technology Coordinator

You may access our weather net data, from the internet, in two ways:

1. Type [www.keloland.com](http://www.keloland.com) into your web browser address field. Click on "Weather" and scroll down to find the Central Lyon Middle school site and click on that site to see the data.
2. Type <http://mesonet.agron.iastate.edu/schoolnet/?ntv=kelo>, or copy and paste, into the web browser address field and click on "Keloland Doppler WeatherNet" and then click on "Current Conditions". Scroll down to Rock Rapids, IA Central Lyon MS. Click on the site name to see a screen of the local data.

Last spring Central Lyon Elementary/Middle School principal, Lance Olson, completed an application to become a Keloland Weather Net site. KELO TV provides the monitoring equipment and the school installs, monitors and maintains the equipment. Central Lyon Middle School received approval as a weather net site late last spring and received the necessary equipment. Our data gathering sensors are mounted about 8 feet above the building on the west end of the middle school wing. The data is collected and, about every 5 minutes, sent to KELO TV.

We hope the residents of the school district will enjoy seeing up to the minute weather information and it will be a valuable tool for teaching students about the weather.



## MIDDLE SCHOOL MEMOIRS

## Elementary/Middle School Welcomes New Staff

By Lance Olson, Elementary/Middle School Principal

Welcome to Linda Wessels, our new Title I associate, who is working with the Success Maker technology program. Linda is a graduate of Central Lyon Community School and has three children; a one year old son and sixteen and nineteen year old daughters. Linda works half time at the Central Lyon Title program and half time with the Lyon County Health Services. We are very excited to have Linda working with the students in our school.

Jill Pytleski is our new Special Education teacher for grades 4-6. Jill is a Central Lyon graduate and a graduate of Morningside College with a degree in special education. Jill started her teaching career at Storm Lake Community Schools at the middle school level. Before coming to Central Lyon, Jill was teaching special education at West Lyon Community School. Jill has an 18 month old son at home who keeps her busy after school hours. Her husband Jerry teaches in the middle school and coaches at the varsity level in football, basketball and baseball.

## Visitor from Venezuela

By Joleen Metzger,  
Third Grade Teacher



Martin Hahn, a 25-year old veterinarian student from Maracay, Venezuela, recently spent five weeks at the Marvin Metzger farm. Prior to his departure he visited Central Lyon's third grade where he told the children about life in Venezuela. The children were also treated to an internet photo slide show which Martin narrated. The program was very interesting.

Since Martin's return to his home, he continues to communicate with the third-graders through e-mail.

## Student Teacher

By Linda DeBoer,  
Second Grade Teacher



Mrs. DeBoer's second grade is very excited to introduce you to its student teacher from Northwestern College, Mrs. Sara (Freerks) Groen. Mrs. Groen, who is a 2000 GLR graduate, will be completing six weeks in Mrs. DeBoer's room, six weeks in Mrs. Boekhout's kindergarten room, and four weeks at Little Rock in a Title I room.

Mrs. Groen has experience working with children at Kids' Club in Rock Rapids. This past summer she married Justin Groen and they live in Rock Rapids. In her spare time, Mrs. Groen enjoys walking, scrap booking, and watching the Gophers or Vikings on television. Mrs. Groen said, "I love the Central Lyon Schools. The kids here are wonderful. The staff is very supportive and caring. I know I will take what I have learned from my experience with me as I venture out into the work-field."

## A Safety Issue

To ensure the safety of all students, we would like to ask parents to use the west side of the school located on Greene Street to drop off and pick up children. The reason for the request is a safety issue for all students. By using Greene Street, parents can avoid the morning bus traffic on Story Street in front of the elementary/middle school.

## Scheduled Conferences

New to the middle school this year are scheduled conferences similar to those in the elementary. Parents attending conferences for a middle school student will have the conferences scheduled in succession with all the teachers on the same evening. Teachers will also have unscheduled time to accommodate parents that have questions.

### Note-Worthy Dates

✓Mass Band Show	10/10
✓Iowa Test of Education Development	10/21-22
✓ <b>Parent Teacher Conferences</b>	10/21-22
✓ <b>No School</b> /WAC Tailgate	10/24
✓Iowa Test of Basic Skills	10/27-31
✓CL Foundation Banquet	11/1
✓ <b>No School</b> —staff development	11/3
✓Volleyball Tip Night	11/3
✓All-School Musical	11/7-8
✓HS Marching Band Concert	11/13
✓American Education Week	11/16-22
✓NHS Induction Ceremony	11/24
✓ <b>No School</b> —Thanksgiving break	11/27-28
✓MS Band/Vocal Concert	12/2
✓HS Christmas Vocal Concert	12/14

### PTC Fundraisers

- **Central Lyon merchandise for sale:**  
Rain ponchos..... \$18.00 each or 2 for \$35.00  
Pompons ..... \$1.00  
*Available at CL Elementary/Middle School office or at home athletic events.*

- **Soup Supper – March 23**

- Eat at Pizza Ranch the first Thursday of every month, from 5:00 p.m. to closing. The chicken buffet is available those nights.
- Keep saving those box tops!

All these fundraisers help raise money for the school. The teachers submit requests for instructional supplies for their rooms and the money raised from these fundraisers helps fund such requests.

**Parent/Teacher Conferences October 21 & 22**

High School 5:00-8:00 p.m.  
Elementary/Middle School 5:30-8:30 p.m.