

Banana Bars

50 Servings

These are most requested bars I make. Since I never have luck making the most simple quick bread (Banana Bread) I stay with this bar version of banana bread.

- 1/2 cup butter or margarine
- 1 1/4 cups sugar
- 2 eggs
- 1 teaspoon vanilla
- 1 cup bananas, mashed (2 large)
- 1 8 ounce sour cream
- 2 cups flour
- 1/4 teaspoon salt
- 1 teaspoon baking soda

Frosting

- 3 oz. package cream cheese, softened
- 3 tablespoons butter
- 1 1/2 cups powdered sugar
- 1 tablespoon milk
- 1 teaspoon vanilla

Grease and lightly flour jelly roll pan. Cream butter and sugar; blend in eggs, vanilla, bananas and sour cream. Stir in dry ingredients just until blended. Spread in prepared pan. Bake at 375 degrees about 25 minutes. Cool; spread with cream cheese frosting.

Amount Per Serving:

Calories 99 Calories from Fat 39

Percent Total Calories From:

Fat 40% Protein 5% Carb. 56%

Nutrients	Amount per Serving	% Daily Value
Total Fat	4 g	7%
Saturated Fat	2 g	12%
Cholesterol	19 mg	6%
Sodium	52 mg	2%
Total Carbohydrate	14 g	5%
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	1 g	

Vitamin A 3% Vitamin C 1% Calcium 0% Iron 1%

