Central Lyon Menu January 2020

BREAKFAST PRICES:

Student:	$1.45
Adult:	$1.60
Second Juice:	$ .35

LUNCH PRICES:

Grades TK-4:	$2.15
Grades 5-8:	$2.25
Grades 9-12:	$2.35
Adult:	$3.75
Second Entree	$1.50
Extra Milk	$ .35

BREAKFAST SERVING TIME IS 7:45 -8:10 A.M.

Menu Items Subject to Change Without Notice. If you have any questions or concerns, please contact Darsha Tuenge- Food Service Supervisor, (712) 472-2664
This institution is an equal opportunity provider.

Monday	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
			2 Breakfast Cereal &Toast (TK-8) Breakfast Pizza (9-12) Fruit Milk/Juice **Lunch** Chicken Nuggets Mashed Potatoes Gravy or Butter Green Beans Applesauce Milk **Sandwich 9-12**	**3 Breakfast** Donut Yogurt Fruit Milk/Juice **Lunch** Mr. Rib on a Bun Baked Beans Baby Carrots Ranch Dressing Sidekick Milk
6 Breakfast Cereal & Toast (TK-8) Breakfast Pizza (9-12) Fruit Milk/Juice **Lunch** Breaded Pork Patty Mashed Potatoes Gravy or Butter Corn Pineapple Milk **Sandwich (9-12)**	**7 Breakfast** Scrambled Eggs with Cheese & Bacon Tri Tater Fruit Milk/Juice **Lunch** Beef & Bean Nachos Cheese Sauce Mixed Veggies Mandarin Oranges Milk **Sandwich (9-12)**	**8 Breakfast** French Toast Sticks Syrup Sausage Links Fruit Milk/Juice **Lunch** Hot Ham & Cheese Broccoli Peaches Milk **1:00 Dismissal**	**9 Breakfast** Cereal & Muffin (TK-8) Breakfast Pizza (9-12) Fruit Milk/Juice **Lunch** Chili Cinnamon Roll Crackers Carrots & Celery Ranch Dressing Apple Slices Milk	**10 Breakfast** Breakfast Sandwich Yogurt Fruit Milk/Juice **Lunch** Weiner Winks Baked Beans Pears Milk **Sandwich (9-12)**
13 Breakfast Cereal & Toast (TK-8) Breakfast Boat (9-12) Fruit Milk/Juice **Lunch** Scalloped Potatoes and Ham Corn Applesauce Sandwich Milk	**14 Breakfast** Egg Wrap Tri Tater Fruit Milk/Juice **Lunch** Salisbury Steak Mashed Potatoes Gravy or Butter California Medley Sandwich Mixed Fruit Milk	**15 Breakfast** Pancakes & Syrup Sausage Patty Fruit Milk/Juice **Lunch** Meatball Sub Mozzarella Cheese Romaine Lettuce Dressing Peaches Milk	**16 Breakfast** Cereal & Muffin (TK-8) Breakfast Pizza (9-12) Fruit Milk/Juice **Lunch** Fish Sticks (TK-4) Fish Sandwich (5-12) Mashed Potatoes Butter Peas Strawberries Milk	**17 Breakfast** Dutch Waffle Yogurt Fruit Milk/Juice **Lunch** Grilled Chicken Sandwich Corn Baby Carrots Ranch Dressing Pineapple Milk

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Monday	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
20 **NO SCHOOL** **STAFF DEVELOPMENT** 	**21** **Breakfast** Omelet Toast Fruit Milk/Juice **Lunch** Popcorn Chicken With Rice (TK-8) Orange Chicken with Rice (9-12) Glazed Carrots Mandarin Oranges Milk **Sandwich (9-12)**	**22** **Breakfast:** Pancake on a Stick Syrup Fruit Milk/Juice **Lunch** Spaghetti w/ Meat Sauce Garlic Toast Romaine Lettuce Dressing Peaches Milk	**23** **Breakfast** Cereal & Toast (TK-8) Breakfast Pizza (9-12) Fruit Milk/Juice **Lunch** Chicken Fajitas Lettuce Cheese Green Beans Pears Milk 	**24** **Breakfast** Sausage, Egg & Cheese Biscuit Yogurt Fruit Milk/Juice **Lunch** Pizza Mixed Veggies Grapes Milk **Sandwich (9-12)**
27 **Breakfast** Cereal & Muffin (TK-8) Breakfast Sliders (9-12) Fruit Milk/Juice **Lunch** Beef Tacos Lettuce Cheese Fiesta Black Beans Mandarin Oranges Milk	**28** **Breakfast** Waffles & Syrup Sausage Links Fruit Milk/Juice **Lunch** Breaded Chicken Patty Mashed Potatoes Gravy or Butter French Green Beans Applesauce Milk **Sandwich (9-12)**	**29** **Breakfast** Scrambled Eggs Grape Crescent Fruit Milk/Juice **Lunch** Sub Sandwich Lettuce Pickle Cheese Romaine Lettuce Dressing Pineapple Milk	**30** **Breakfast** Cereal & Toast (TK-8) Breakfast Pizza (9-12) Fruit Milk/Juice **Lunch** Meatloaf Mashed Potatoes Gravy or Butter Sandwich Corn Pears Milk	**31** **Breakfast** Breakfast Pizza Yogurt Fruit Milk/Juice **Lunch** Chili and Chips Baby Carrots Ranch Dressing Mixed Fruit Milk **Sandwich (9-12)**