



## Central Lyon Menu January 2022

**BREAKFAST PRICES:**

Student: Free  
 Adult: \$1.70  
 Second Juice: \$ .35

**LUNCH PRICES:**

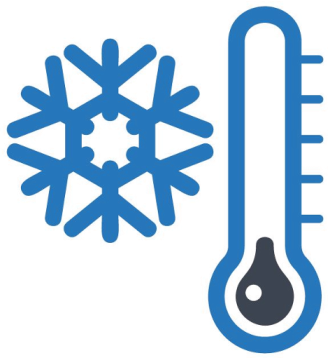
Grades TK-6 Free  
 Grades 7-12: Free  
 Adult: \$3.95  
 Second Entrée: \$2.00  
 Extra Milk \$ .35

**BREAKFAST SERVING TIME**  
IS 7:45 -8:10 A.M.

**Due to supply chain issues and various other factors, menu items subject to change without notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, (712) 472-2664**  
**This institution is an equal opportunity provider.**

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>3</b>	<b>NO SCHOOL</b>	<b>4 Breakfast</b> <b>Cereal &amp; Toast K-6</b> <b>Breakfast Pizza 7-12</b>  <b>Lunch</b> Chicken Strips w/ Mashed potatoes Butter Baked beans Pineapple <b>Sandwich 7-12</b>	<b>5 Breakfast</b> Pancakes w/ syrup Little smokies  <b>Lunch</b> Pizza Green Beans Applesauce <b>Sandwich 7-12</b>	<b>6 Breakfast</b> Omelet w/ toast  <b>Lunch</b> French Toast Sticks w/ Syrup Little Smokies Corn Baby carrots w/ ranch Banana	<b>7 Breakfast</b> Breakfast Pizza Yogurt  <b>Lunch</b> Beef Tacos w/ lettuce & cheese Black beans Peaches <b>Salsa 7-12</b>
	<b>10 Breakfast</b> Cereal & Toast  <b>Lunch</b> <b>Chicken Nuggets w/            mashed potatoes TK-6</b> <b>Orange Chicken w/            Rice 7-12</b> Broccoli Pears Sandwich	<b>11 Breakfast</b> Scrambled Eggs w/ bacon and cheese Toast  <b>Lunch</b> Pizza Burger on a bun Fries Peas Mandarin Oranges	<b>12 Breakfast</b> Waffles & Syrup  <b>Lunch</b> Grilled Chicken Patty On a bun Baby carrots w/ ranch Baked Beans Orange Slices	<b>13 Breakfast</b> <b>Cereal or Mini Cinni TK-6</b> <b>Breakfast Boat or Mini            Cinni 7-12</b>  <b>Lunch</b> Spaghetti w/ Meat Sauce Garlic Toast Romaine lettuce w/ dressing Applesauce	<b>14 Breakfast</b> Sausage, Egg & Cheese Sandwich Yogurt  <b>Lunch</b> Taco in a bag Lettuce & Cheese Black Beans Baby carrots Pineapple <b>Salsa 7-12</b>
	<b>17 Breakfast</b> <b>Cereal &amp; Toast TK-6</b> <b>Breakfast Pizza 7-12</b>  <b>Lunch</b> Breaded Pork Patty Mashed Potatoes Gravy or Butter Peas Pears <b>Dinner Roll 7-12</b>	<b>18 Breakfast</b> Breakfast Taco  <b>Lunch</b> Chicken Casserole String Cheese Broccoli Mixed Fruit Sandwich	<b>19 Breakfast</b> French Toast Sticks & Syrup <b>Sausage links 7-12</b>  <b>Lunch</b> Hot Ham & Cheese on a bun Hash brown patty Carrots Grapes	<b>20 Breakfast</b> <b>Pop Tart or Cereal Bar</b> <b>Yogurt K -6</b> <b>Breakfast Boat 7-12</b>  <b>Lunch</b> Meatball Sub Mozzarella Cheese Lettuce w/ dressing Green beans Peaches	<b>21 Breakfast</b> Dutch Waffle Yogurt  <b>Lunch</b> Hamburger on a bun Potato Wedges Corn Sidekick

**All Breakfasts served with milk, Juice and Fruit.**  
**All Lunches served with 1% White or Fat free Chocolate  
 or Strawberry Milk**



# Central Lyon Menu January 2022

**BREAKFAST PRICES:**

Student: Free  
 Adult: \$1.70  
 Second Juice: \$ .35

**LUNCH PRICES:**

Grades TK-6 Free  
 Grades 7-12: Free  
 Adult: \$3.95  
 Second Entrée: \$2.00  
 Extra Milk \$ .35

**BREAKFAST SERVING TIME**  
IS 7:45 -8:10 A.M.

**Menu Items Subject to Change Without Notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, (712) 472-2664**  
**This institution is an equal opportunity provider.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>24</b> <b>Breakfast</b> Cereal &amp; Toast</p> <p><b>Lunch</b> Hot Dog TK-6 Footlong 7-12 Chips Baked beans Mandarin Oranges</p>	<p><b>25</b> <b>Breakfast</b> Sausage, Egg and Cheese Breakfast Bar Yogurt</p> <p><b>Lunch</b> Taco Burger Baby carrots Green beans Pineapple</p>	<p><b>26</b> <b>Breakfast</b> Pancake on a Stick Syrup</p> <p><b>Lunch</b> Goulash Breadstick Peas Romaine lettuce w/ dressing Applesauce</p>	<p><b>27</b> <b>Breakfast</b> Cereal or Muffin K-6 Breakfast Boat 7-12</p> <p><b>Lunch</b> Chicken Noodle Soup Crackers String cheese Broccoli Pineapple Sandwich 7-12</p>	<p><b>28</b> <b>Breakfast</b> Donut Yogurt</p> <p><b>Lunch</b> Chicken Taquito Corn Black beans Peaches Sandwich 7-12</p>
<p><b>31</b> <b>Breakfast</b> Cereal Bar or Pop Tart w/ Yogurt TK-6 Breakfast Pizza 7-12</p> <p><b>Lunch</b> Creamed Chicken On biscuits Broccoli w/ ranch Peas Mixed Fruit</p>				

**All Breakfasts** served with Milk, Juice and Fruit.

**All Lunches** served with 1% White or Fat Free Chocolate or Strawberry Milk