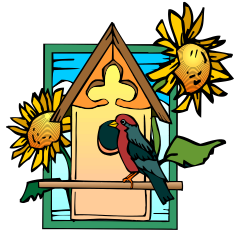


# Central Lyon Menu March 2023



## BREAKFAST PRICES:



Student:	\$1.60
Adult:	\$1.90
Second Juice:	\$ .40

## LUNCH PRICES:

Grades TK-6	\$2.40
Grades 7-12:	\$2.50
Adult:	\$4.15
Second Entrée:	\$4.15
Extra Milk	\$ .40

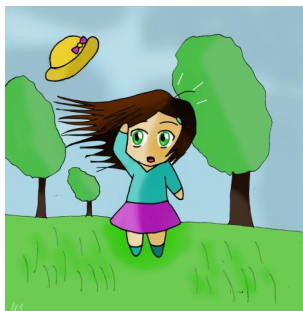
**BREAKFAST SERVING TIME**  
IS 7:45 -8:10 A.M.

**Menu Items Subject to Change Without Notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, (712) 472-2664**  
**This institution is an equal opportunity provider.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		<b>1 Breakfast</b> Cereal, Cereal bar or Pop Tart & yogurt K-6 Breakfast Pizza Yogurt 7-12  <b>Lunch</b> Pizza Burger on a bun Tater Tots Peas Orange Wedges	<b>2 Breakfast</b> French Toast sticks & syrup   <b>Lunch</b> Goulash Breadstick Corn Romaine lettuce w/ dressing Pears	<b>3 Breakfast</b> Mini Cinni or Cream Cheese Bagel Yogurt  <b>Lunch</b> Cheese Pizza Broccoli Baby carrots Juice Cup
	<b>6 Breakfast</b> Cereal or Muffin TK-6 Breakfast Pizza 7-12  <b>Lunch</b> Waffles & syrup Little Smokies Baby carrots Corn Banana	<b>7 Breakfast</b> Scrambled Eggs Hash brown Toast  <b>Lunch</b> Breaded Chicken patty on a bun Sweet potato fries Mixed veggies Pineapple	<b>8 Breakfast</b> Pancakes & Syrup Sausage patty  <b>Lunch</b> Weiner winks Baked beans Broccoli w / ranch Mixed fruit Sandwich 7-12	<b>9 Breakfast</b> Cereal & Toast TK-6 Breakfast Bagel Yogurt 7-12  <b>Lunch</b> Creamed Chicken w/ Mashed potatoes Carrots Applesauce Dinner Roll
	<b>13 Breakfast</b> Cereal & Toast TK-6 Breakfast Pizza 7-12  <b>Lunch</b> Chicken Nuggets Mashed potatoes Butter cup Corn Pears  Sandwich 7-12	<b>14 Breakfast</b> Sausage, Egg and Cheese Breakfast bar or Muffin Yogurt  <b>Lunch</b> Mr Rib on a bun Hash brown patty Romaine lettuce w/ dressing Apple Slices	<b>15 Breakfast</b> French Toast Sticks Sausage links  <b>Lunch</b> Grilled Chicken Patty On a bun Carrots w/ ranch Green beans Mandarin Oranges	<b>16 Breakfast</b> Breakfast Pizza Yogurt  <b>Lunch</b> Chili & Chips Mixed Veggies Broccoli w/ ranch Grapes Sandwich 7-12
				<b>17</b>  <b>NO SCHOOL</b>  
<b>All Breakfasts served with milk, Juice and Fruit.</b> <b>All Lunches served with 1% White or Fat free Chocolate Milk</b>				

# Central Lyon Menu

## March 2023



### BREAKFAST PRICES:

Student:	\$1.60
Adult:	\$1.90
Second Juice:	\$ .40
<b><u>LUNCH PRICES:</u></b>	
Grades TK-6	\$2.40
Grades 7-12:	\$2.50
Adult:	\$4.15
Second Entrée:	\$4.15
Extra Milk	\$ .40

BREAKFAST SERVING TIME  
IS 7:45 -8:10 A.M.

Menu Items Subject to Change  
Without Notice. If you have  
any questions or concerns,  
please contact Darsha Tunge,  
Food Service Director,  
(712) 472-2664  
**This institution is an equal  
opportunity provider.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>20</b> <b>Breakfast</b> Cereal &amp; Toast TK-6 Breakfast Bagel 7-12</p> <p><b>Lunch</b> Breaded Pork Patty Mashed potatoes Butter or gravy Peas Strawberry cup Sandwich 9-12</p>	<p><b>21</b> <b>Breakfast</b> Sausage &amp; Egg biscuit Yogurt</p> <p><b>Lunch</b> Chicken Noodle Soup Crackers String cheese Carrots &amp; Celery Applesauce Sandwich 7-12</p>	<p><b>22</b> <b>Breakfast</b> Pancake on a stick w/ syrup</p> <p><b>Lunch</b> Meatball Sub w/ Mozz Cheese Romaine lettuce w/ dressing Green beans Mixed Fruit</p>	<p><b>23</b> <b>Breakfast</b> Cereal or Cereal Bar w/ Yogurt TK-6 Cereal &amp; Toast 7-12</p> <p><b>Lunch</b> Chicken Strips French Fries Corn Peaches Sandwich 7-12</p>	<p><b>24</b> <b>Breakfast</b> Donut Yogurt</p> <p><b>Lunch</b> Fish Shapes K-3 Fish Sandwich 4-12 Mashed Potatoes Butter Peas Orange wedges Jelly sandwich K-3</p>
<p><b>27</b> <b>Breakfast</b> Cereal &amp; Toast TK-6 Breakfast Pizza 7-12</p> <p><b>Lunch</b> Italian Dunkers w/ Meat Sauce Romaine Lettuce w/ dressing Mixed veggies Applesauce</p>	<p><b>28</b> <b>Breakfast</b> Breakfast Taco Yogurt</p> <p><b>Lunch</b> Tacos w/ Lettuce &amp; cheese Corn Pineapple Salsa 4-12</p>	<p><b>29</b> <b>Breakfast</b> Waffles &amp; Syrup</p> <p><b>Lunch</b> Hot Dog on a bun Baked beans Baby carrots Grapes</p>	<p><b>30</b> <b>Breakfast</b> Cereal or Muffin w/ yogurt TK-6 Cereal &amp; Muffin 7-12</p> <p><b>Lunch</b> Sloppy Joe on a bun Pickles Chips Broccoli Pears</p>	<p><b>31</b> <b>Breakfast</b> Breakfast Pizza Yogurt</p> <p><b>Lunch</b> Cheese Quesadilla Black beans Baby carrots Juice Cup</p>

**All Breakfasts** served with Milk, Juice and Fruit.

**All Lunches** served with 1% White or Fat Free Chocolate