

# Central Lyon Menu November 2022



## BREAKFAST PRICES:

Student:	\$1.60
Adult:	\$1.90
Second Juice:	\$ .40

## LUNCH PRICES:

Grades TK-6	\$2.40
Grades 7-12:	\$2.50
Adult:	\$4.15
Second Meal	\$4.15
Extra Milk	\$ .40

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	<b>1 Breakfast</b> Breakfast Taco Yogurt  <b>Lunch</b> Breaded Pork patty Mashed potatoes Butter Carrots Applesauce Sandwich	<b>2 Breakfast</b> French Toast Sticks & Syrup  <b>Lunch</b> Italian Dunkers w/ meat sauce Corn Romaine lettuce w/ dressing Peaches	<b>3 Breakfast</b> Donut Yogurt  <b>Lunch</b> Corn Dog Green beans Baby carrots w/ ranch Mandarin Oranges Sandwich 7-12	4 <b>NO SCHOOL</b>  
<b>7 Breakfast</b> Cereal Bar or Poptart & Yogurt TK-6 Breakfast Pizza 7-12  <b>Lunch</b> Meatball Sub w/ Mozz cheese Baby carrots w/ ranch Green beans Pears	<b>8 Breakfast</b> Scrambled Eggs & Toast  <b>Lunch</b> Chicken Nuggets Mashed potatoes Gravy or butter Corn Orange wedges Sandwich	<b>9 Breakfast</b> Pancake on a stick w/ syrup  <b>Lunch</b> Hamburger on a bun Pickles Baked beans Tater tots Grapes	<b>10 Breakfast</b> Mini Cinni's & Yogurt TK-6 Cereal w/ toast 7-12  <b>Lunch</b> Spaghetti w/meat sauce Garlic Toast Romaine lettuce w/ dressing Applesauce	<b>11 Breakfast</b> Breakfast Bagel Yogurt  <b>Lunch</b> Taco in a bag Lettuce and Cheese Baby carrots w/ ranch Corn Apple Slices
<b>Book Fair and Hot Lunch Week</b>				
<b>14 Breakfast</b> Cereal & Toast TK-6 Breakfast Pizza 7-12  <b>Lunch</b> Chili & Chips Tater Tots Baby Carrots w/ ranch Pears Sandwich 7-12	<b>15 Breakfast</b> Waffles & Syrup Yogurt  <b>Lunch</b> Grilled Chicken Patty on a bun Green beans Romaine lettuce w/ dressing Pineapple	<b>16 Breakfast</b> Cereal or Muffin  <b>Lunch</b> Goulash String cheese Corn Applesauce Sandwich	<b>17 Breakfast</b> Omelet w/ Toast  <b>Lunch</b> Grilled Cheese Sandwich Broccoli w/ ranch Carrots Mandarin Oranges	<b>18 Breakfast</b> Breakfast pizza Yogurt  <b>Lunch</b> Hot Dog Chips Baked beans Grapes

BREAKFAST SERVING TIME  
IS 7:45 -8:10 A.M.

Menu items subject to change  
without notice. If you have any  
questions or concerns, please  
contact Darsha Tuenge, Food  
Service Director,  
(712) 472-2664  
**This institution is an equal  
opportunity provider.**

**All Breakfasts served with milk, Juice and Fruit.**  
**All Lunches served with 1% White or Fat free Chocolate Milk**  
**All Bread and buns are 100% Whole grain rich.**

