

1979-1980

Football Squad: Julie Schroeder, Cindy Kehn, Helen Kammarmeyer, Michelle Cleveland, Heather Shank, Kandy Lens

1980-1981

Football Squad: Helen Kammarmeyer, Heather Schank, Julie Schroeder, Michelle Cleveland, Cindy Kehn, Kandy Lens

Basketball Squad: Kandy Lens, Cindy Kehn, Holli Kahl, Gina Faber, Cindy Mellema,

Wrestling Squad: Penny Surma, Jill Laverentz, Heather Schank, Helen Kammarmeyer

1981-1982

Squad: Lori Solheim Holli Kahl Cindy Mellema Gina Faber Annette Combs Polly Carmichael Penny Surma Jan Van't Hul Lori Winter Tami Loger Tanya Vander Woude Jayne Wells Kristi Hughes Eva Surma

1982-1983

Football Squad: Gina Faber, Lori Solheim, Kris Hughes, Donna Klinkenbor, Cindy Mellema, Holli Kahl

Basketball Squad: Donna Klinkenborg, Gina Faber, Lori Solheim Cindy Mellema Hollie Kahl

Wrestling Squad: Becky Bladon, Kris Hughes, Tanya Vander Woude, Eva Surma

1983-1984

Squad: Kris Hughes, Kim Patton, Tami Loger, Eva Surma, Jayne Wells, Tanya Vander Woude, Beth Row, Lisa Niemeyer, Lori Winter, Julie Brink, Tammy Lupkes, Brenda Hoekstra, Kristi Reck, Kelli Katt, Liz Koel

1984-1985

Football Squad: Jayne Wells, Tammy Lupkes, Julie Brink, Eva Surma, Tanya Vander Woude

Wrestling Squad: Shardell Huisman, Eva Surma, Tanya Vander Woude, Kris Reck

1985-1986

Football Squad: Kristi Reck, Tammy Lupkes, Peggy Ellsworth, Julie Brink Kellie Kott

Basketball Squad: Peggy Ellsworth, Tammy Lupkes, Julie Brink, Kellie Katt

Wrestling Squad: Shardell Huisman, Dana Van Beek, Jodi Berg, Kristy Reck

1986-1987

Football Squad: Kelli Katt, Peggy Ellsworth, Jodi Schaa, Barbi De Boer, Brooke Barker

Basketball Squad: Lannette Bosch, Jodi Schaa, Kellie Katt, Sheri Benson, Peggy Ellsworth, Stacy Benson, Melanie Klinkenborg

Wrestling Squad: Dana Van Beek, Jodi Berg, Kris Reck, Paula Huisman

1987-1988

Football Squad: Brooke Barker, Stacy Benson, Barbie DeBoer, Lannette Bosch, Sheri Benson

Basketball Squad: Melanie Klinkenborg, Amy Wallace, Lannette Bosch, Stacy Benson, Robin Grafing

Wrestling Squad: Dawn Van Surksun, Kristy Boyle, Sara Hinsch, Dana Van Beek

1988-1989

Football Squad: Jodi Kelderman, Sara Hinsch, Krista Grafing, Lannette, Bosch, Holly Vande Kop

Basketball Squad: Jennifer Wissink, Robin Grafing, Kristie Katt, Lisa Mowry, Lannette Bosch, Holly Vande Kop, Amy Wallace

Wrestling Squad: Lisa Olson, Sara Hinsch, Dana Van Beek, Melanie Klinkenborg