

Central Lyon CSD: Triennial Assessment



Section 1: General Information and Wellness Committee

LEA (Local Education Agency) Name	Central Lyon CSD
Date Triennial Assessment was Completed	10/19/22
Date of Last Wellness Policy Review	06/08/20
Website address for the policy, updates, and assessment results and/or information on how the public can access copies	https://www.centrallyon.org/vnews/display.v/SEC/Health%7CHealth%20Policies
How often does the school wellness committee meet? Date of last meeting?	Annually Date of Last Meeting: 10/19/22

Designated School Wellness Leader

LEAs must designate at least one school official responsible for determining the extent to which each school under their jurisdiction is in compliance with the wellness policy.

Name	Job Title	Email
Brent Jorth	Superintendent	bjorth@centrallyon.org

School Wellness Committee Members

Name	Job Title/Volunteer	Email
Brent Jorth	Superintendent	bjorth@centrallyon.org
Jason Engleman	7-12 Principal	jengleman@centrallyon.org
Steve Harman	PS-6 Principal	steveharman@centrallyon.org
Brenda Van Hofwegen	School Nurse	bvanhofwegen@centrallyon.org
Darsha Tuenge	Food Service Director	dtuenge@centrallyon.org
Steve Breske	Buildings & Grounds Director	sbreske@centrallyon.org
Matt Deutsch	K-6 PE Teacher	mdeutsch@centrallyon.org
Toby Lorenzen	7-12 PE Teacher	tlorenzen@centrallyon.org
Reece Vander Zee	11 th Grade Student	rvanderzee@centrallyon.org
Zach Drenth	9 th Grade Student	zdrenth@centrallyon.org
Rhya Kelderman	7 th Grade Student	rkelderman@centrallyon.org
Ethanie Pulscher	Elementary & MS Parent	etpulscher@centrallyon.org
Travis Schipper	MS Parent	tschipper@centrallyon.org
Krista Sprock	MS & HS Parent	ksprock@centrallyon.org
Craig Hohn	Community Member & Parent	Craig.Hohn@avera.org
April DeWit	Community Member & Parent	Joelandapril_dw@yahoo.com
Melissa Stillson	Community Member	mstillson@co.lyon.ia.us



Section 2: Compliance with the Wellness Policy

At a minimum, local wellness policies are required to include (verify all the following are included in the school wellness policy by checking the boxes below):

Specific goals for:

- Nutrition promotion and education,
- Physical activity, and
- Other school based activities that promote student wellness.

- Standards and nutrition guidelines for all foods and beverages sold to students before, during and 30 minutes after the school day.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Another form of documentation for Section 2 is the [School Wellness Policy Checklist](#).

Section 3: Comparison to Model School Wellness Policies

The [Alliance for a Healthier Generation Model Policy](#) is to be used as a best practice guide.

Compare local wellness policy language with the model policy and identify areas where the language is comparable to the model policy and potential areas that can be strengthened.

Areas with Similar Language	Potential Areas to Strengthen Language
<ul style="list-style-type: none"> • Goals for <ul style="list-style-type: none"> ○ Nutrition Education & Promotion ○ Physical Activity ○ School-based Activities that Promote Wellness • Meals served meet nutrition requirements established by state and federal law • Snacks provided to students meet the Smart Snacks in Schools nutrition standards 	<ul style="list-style-type: none"> • Include language acknowledging a wellness committee exists and meets annually to review the policy, review progress towards goals, and recommendations for improvement • Include language requiring a Triennial Assessment

Optional Resource:

- [WellSAT 3.0](#): Online quantitative tool that determines where revisions are needed to strengthen the language in school wellness policies and provides sample language.

Section 4: Progress Towards Goals

- Use the [School Wellness Policy Progress Report](#) to document compliance and progress towards each goal at the school building level. The report can include information for each building or include progress for all buildings (please clearly identify buildings and associated progress).